

About Me:

With a Master in both Pharmacy and International Public Health, my career to date spans multiple sectors from the private sector and humanitarian aid work, to academia, where I am currently based at King's College London. I am a graduate of the ETH's Human Nutrition Laboratory following my doctoral thesis on iodine nutrition, under the chair of Prof. Dr. (med) Michael Zimmermann. During my thesis, I was a visiting scientist at the Centre for Evidence-Based Healthcare (CEBHC) at Stellenbosch University, South Africa – also the Cochrane Centre for South Africa. I learnt a lot about systematic review methods, tips and tricks during my time with CEBHC, much of which I have shared with you in these slides. What I learned there helped me enormously for the remainder of my PhD, and has been repeatedly useful in my career since – and I hope that this "Master thesis Toolbox" will help you also.

To date, I have used these methods for several literature reviews that are published across book chapters, reports and scientific journals; I have reviewed and presented secondary technical information for WHO, and have conducted a systematic review that follows the rigorous Cochrane methodology. My latest round up of the evidence includes several biomarker fact-sheets hosted on the Open-Global website, dedicated to providing support to the conduct of accurate, detailed and objective assessment of nutrition biomarkers in Global Health settings.

I believe that, to improve health in today's world, we need critical thinking, disruptive ideas and an innovative outlook. But moreover, I believe that each of these aspects should be based on sound scientific evidence.

Wishing you all the best with your studies,

Dr. Jessica Farebrother Dr. sc. ETH Zurich

Keep in touch: I'd love to hear from you!

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