

Vorlesung Klappenerkrankungen

Mitralklappe Tricuspidalklappe

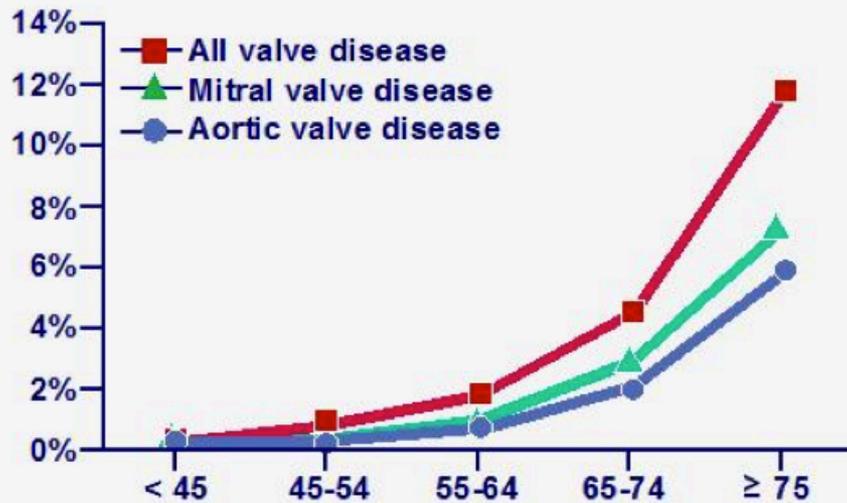


UniversitätsSpital
Zürich

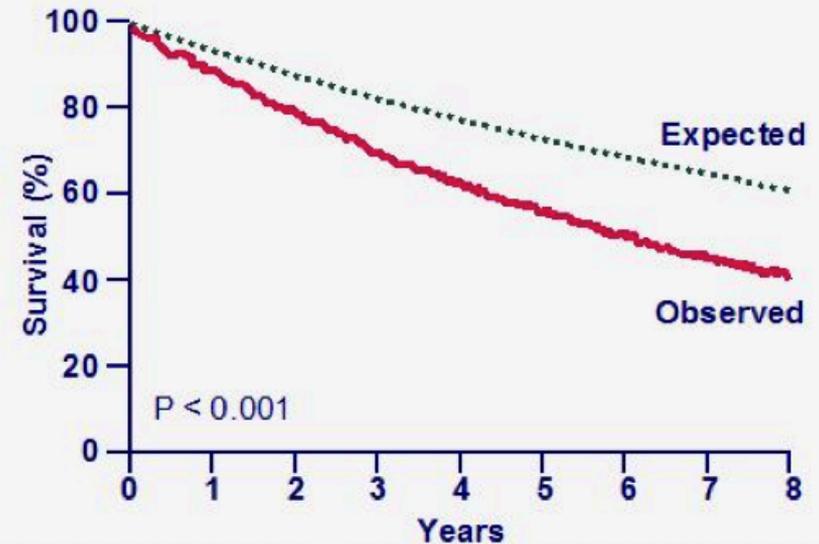


Klappenerkrankungen

Prävalenz



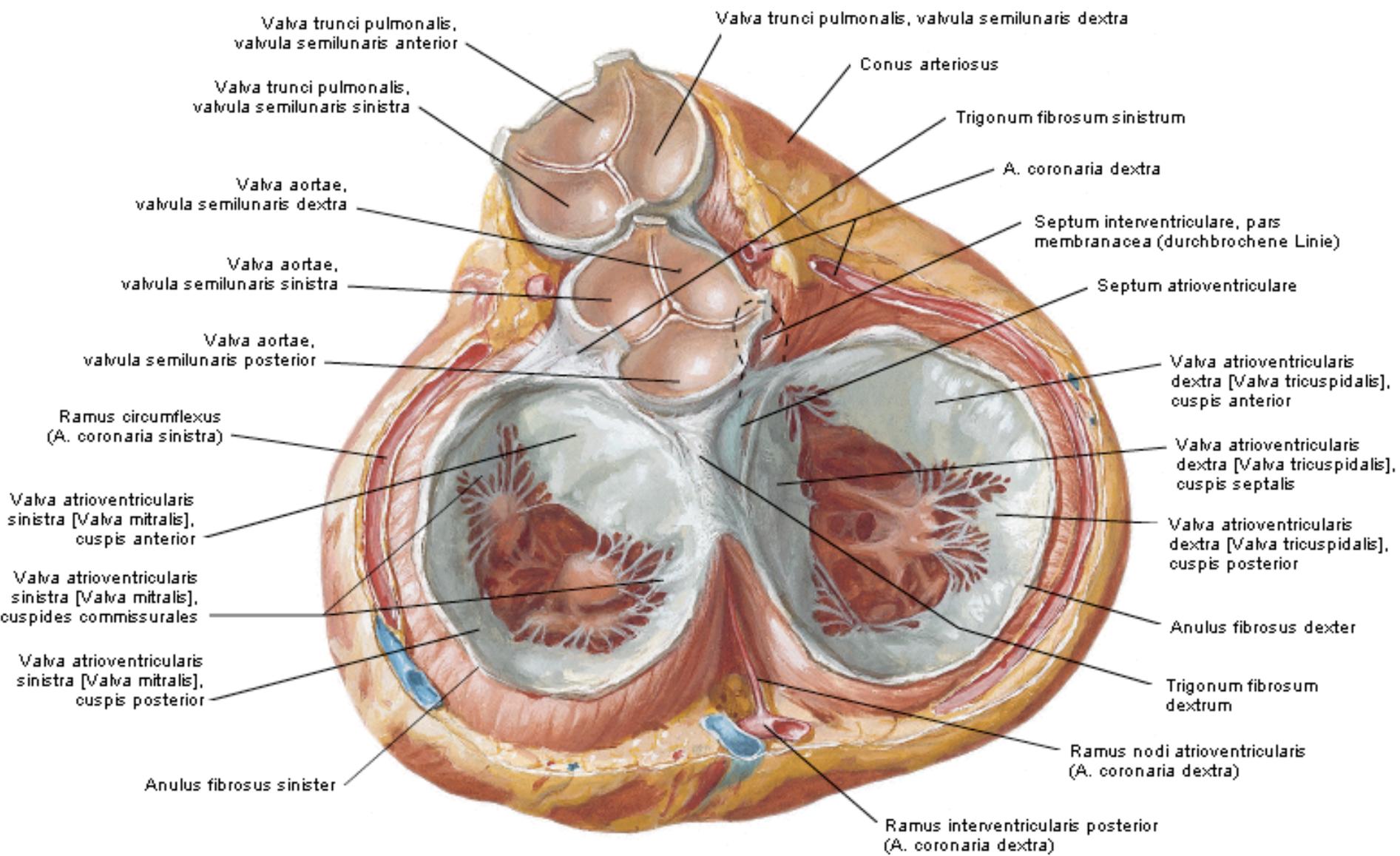
Prognose

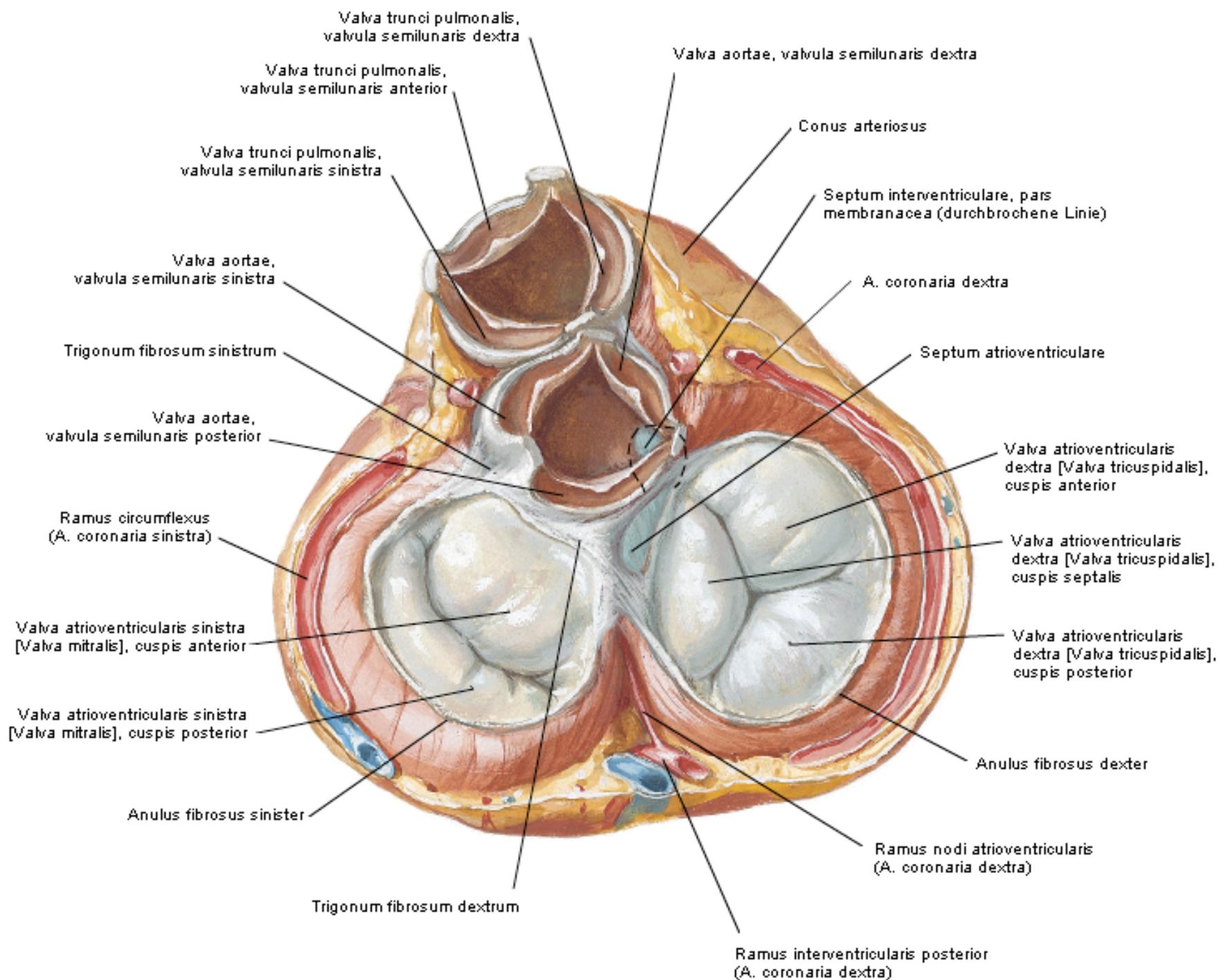


Mitralklappenerkrankungen

Mitralinsuffizienz

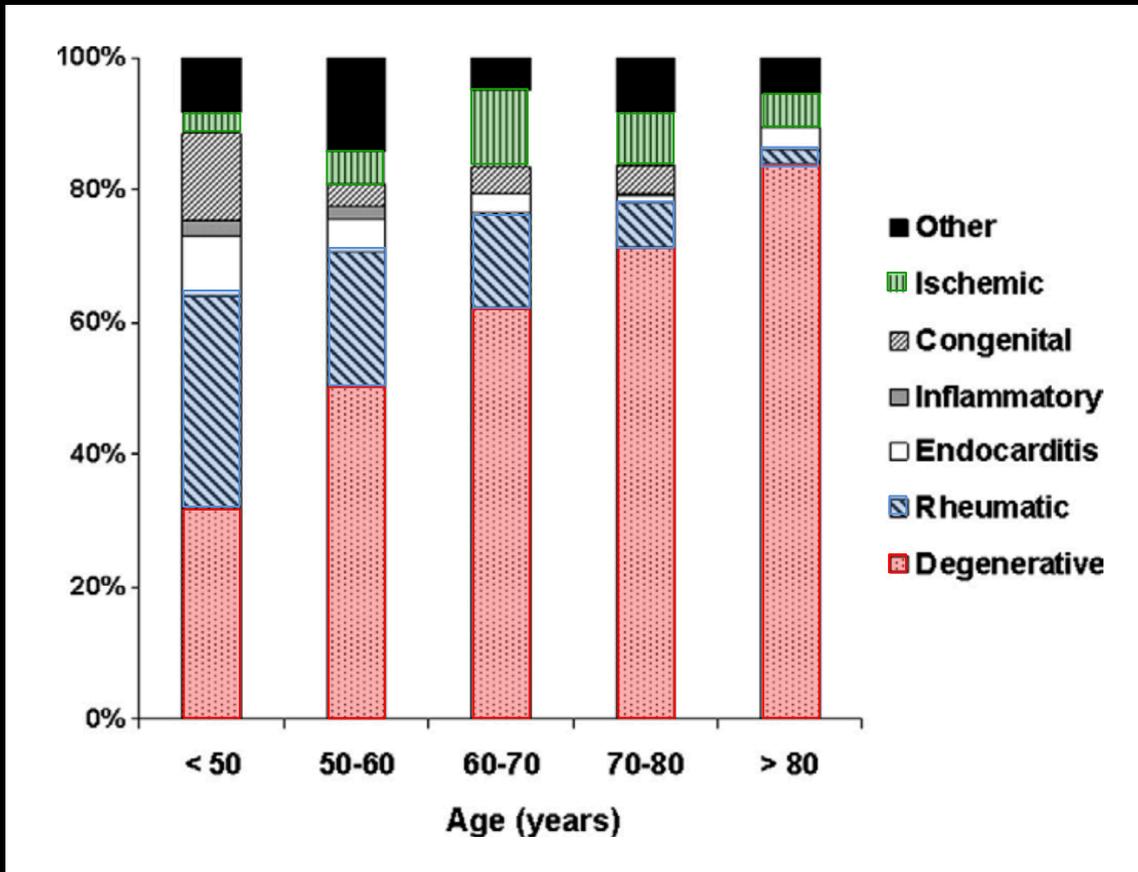
Mitralstenose



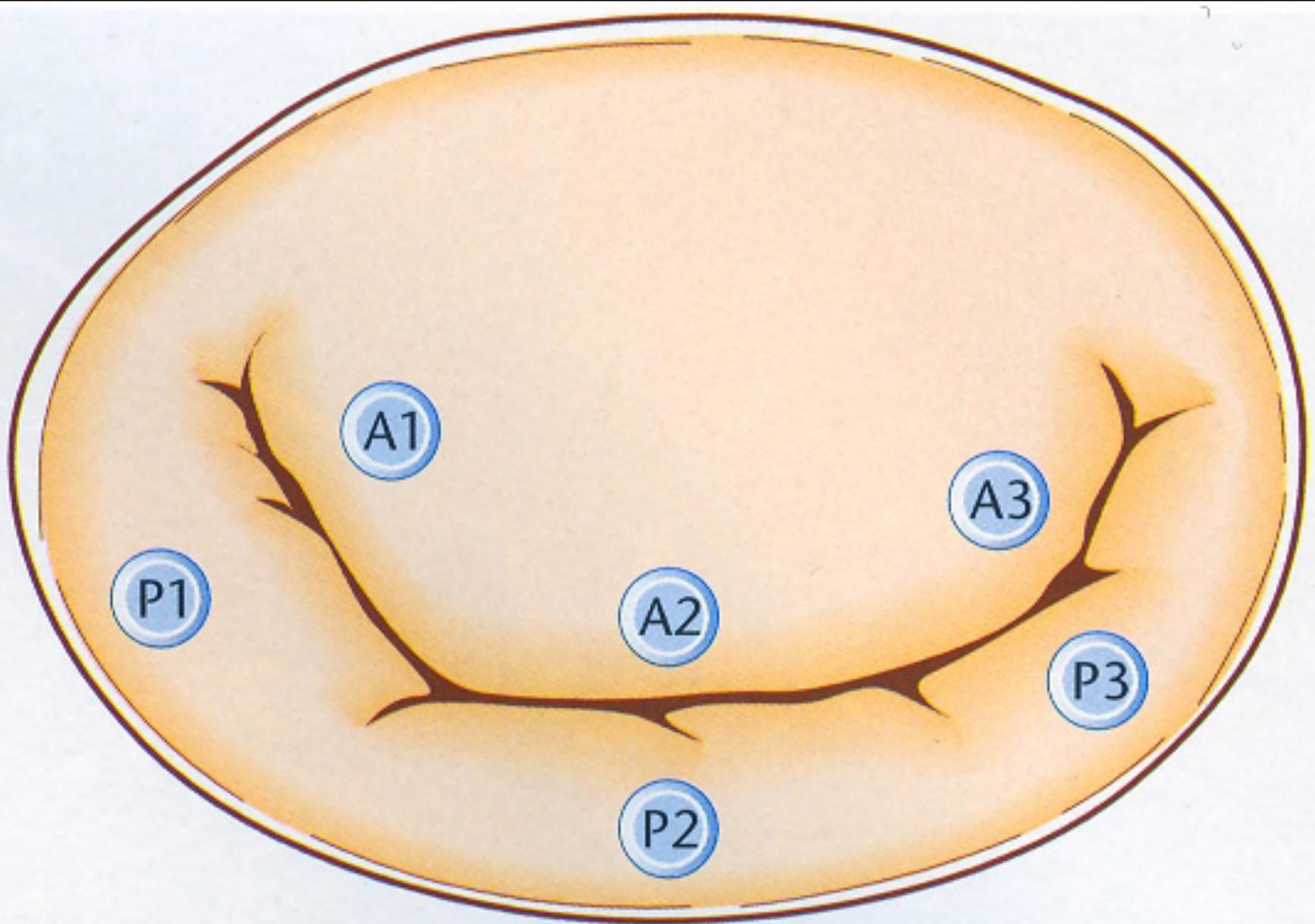


Ursachen der Mitralinsuffizienz

Verteilung der Ursachen nach Alter

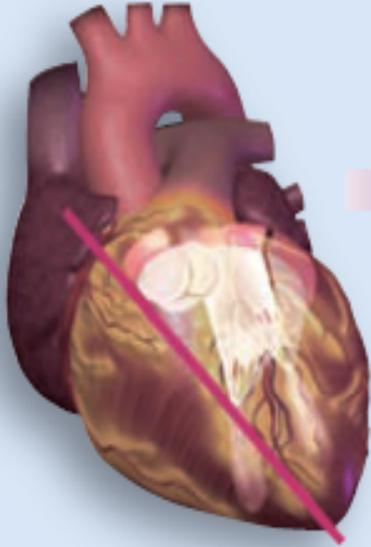


Mitralklappe: Anatomie

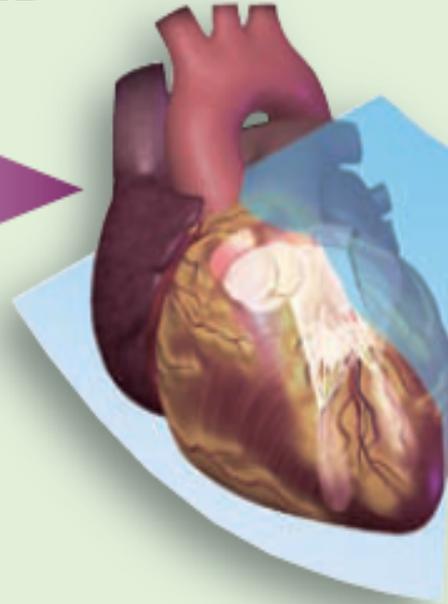


Echokardiographie bei Mitralklappenerkrankungen

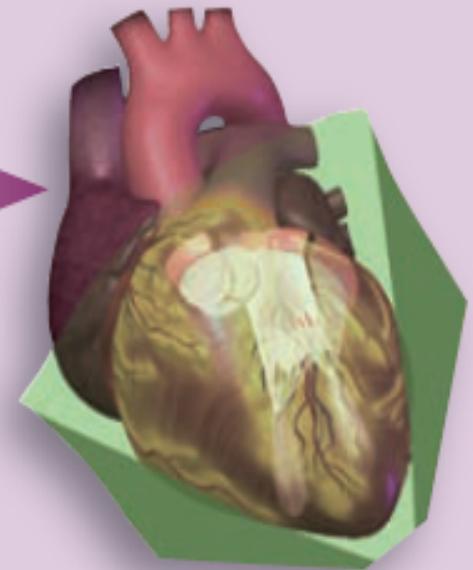
1D



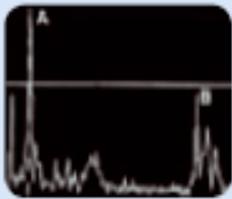
2D



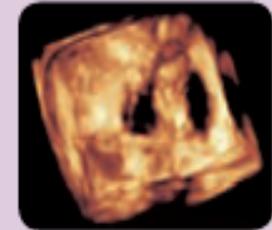
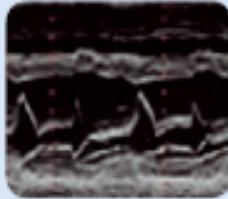
3D



A-mode



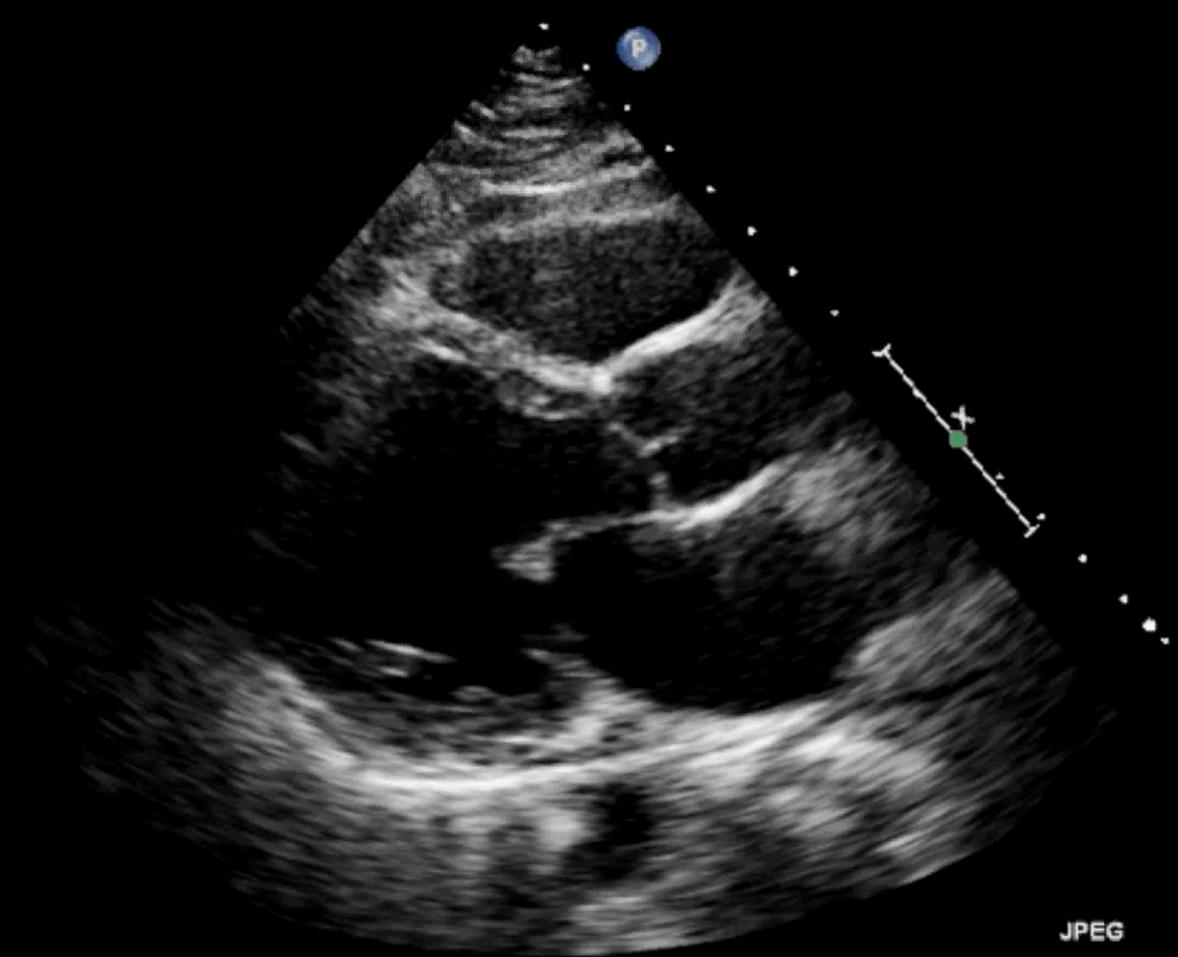
M-mode



FR 54Hz
16cm

M3

2D
48%
C 50
P Low
HGen



JPEG

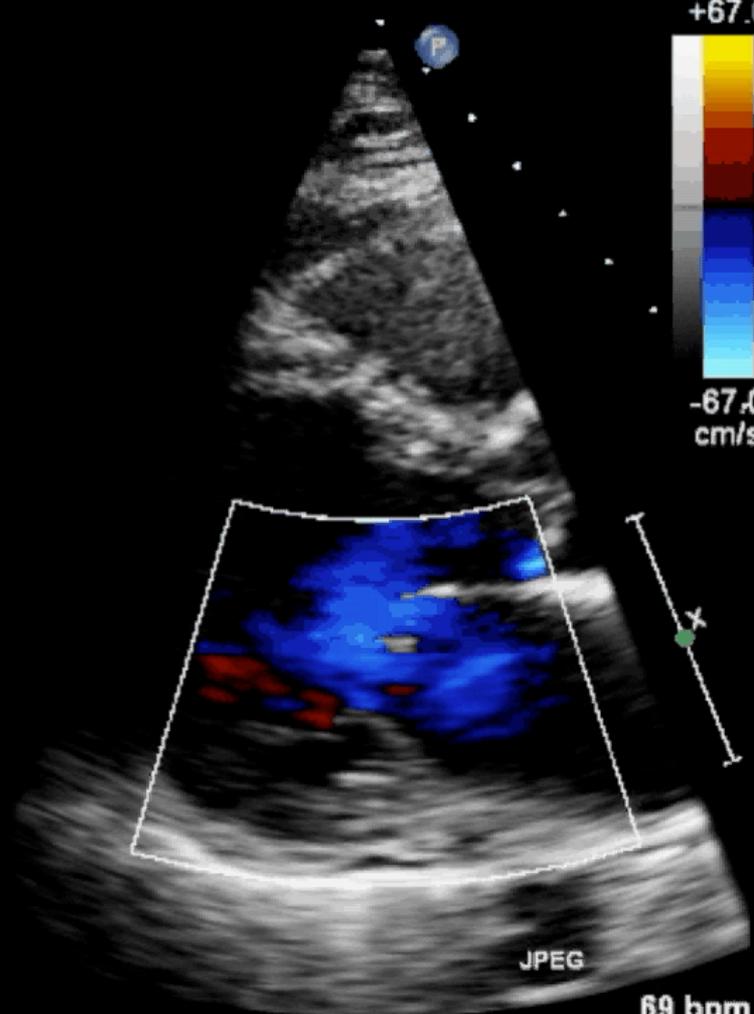
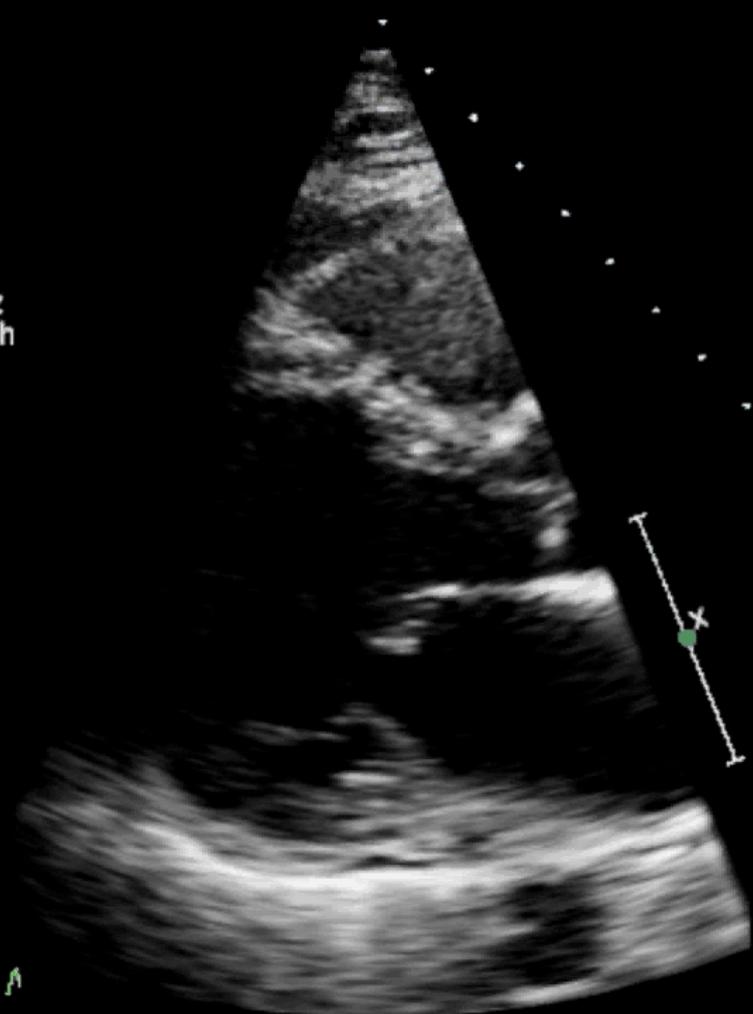
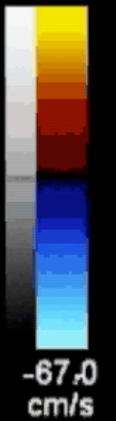
70 bpm



FR 20Hz
15cm

2D
48%
C 50
P Low
HGen
CF
66%
2.5MHz
WF High
Med

M3 M4
+67.0

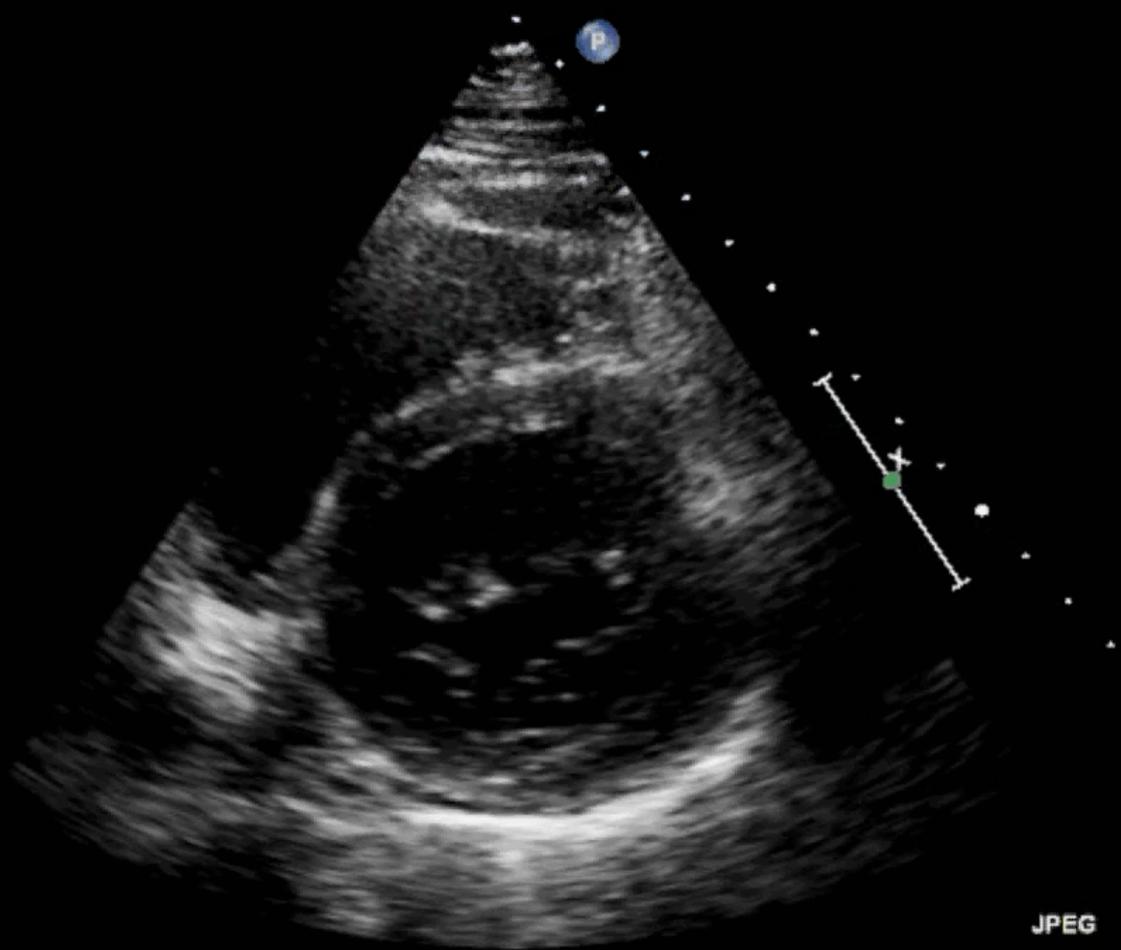


69 bpm

FR 66Hz
15cm

M3

2D
45%
C 50
P Low
HGen



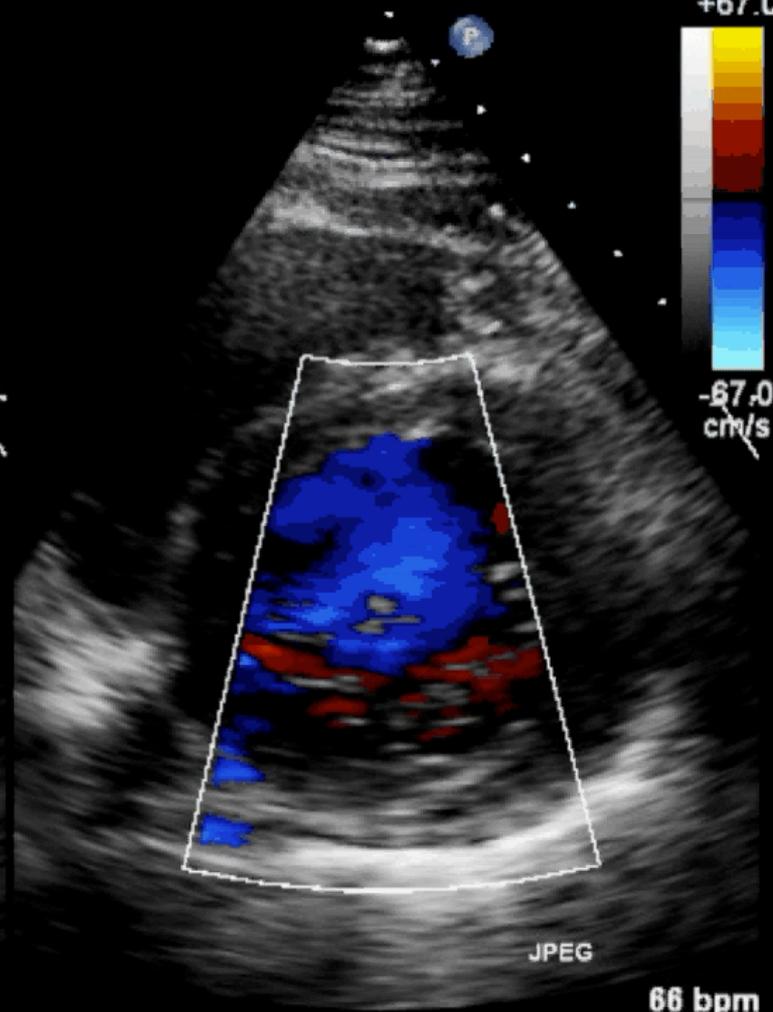
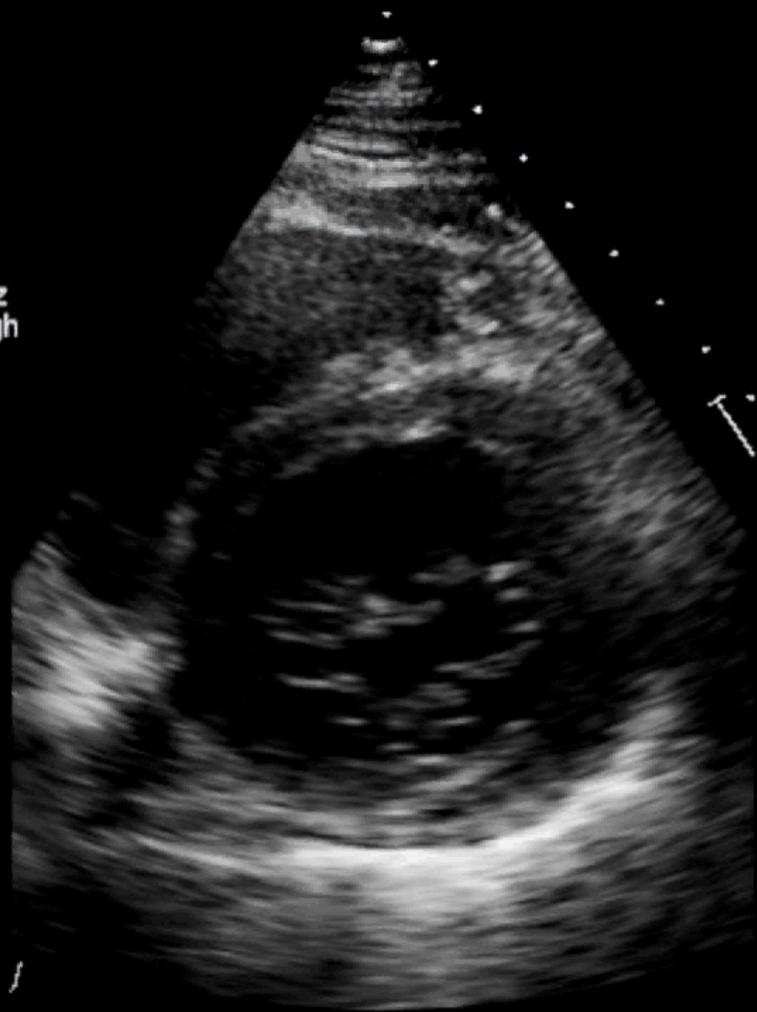
JPEG

69 bpm



FR 22Hz
15cm

2D
47%
C 50
P Low
HGen
CF
66%
2.5MHz
WF High
Med



M3 M4
+67.0
-67.0
cm/s

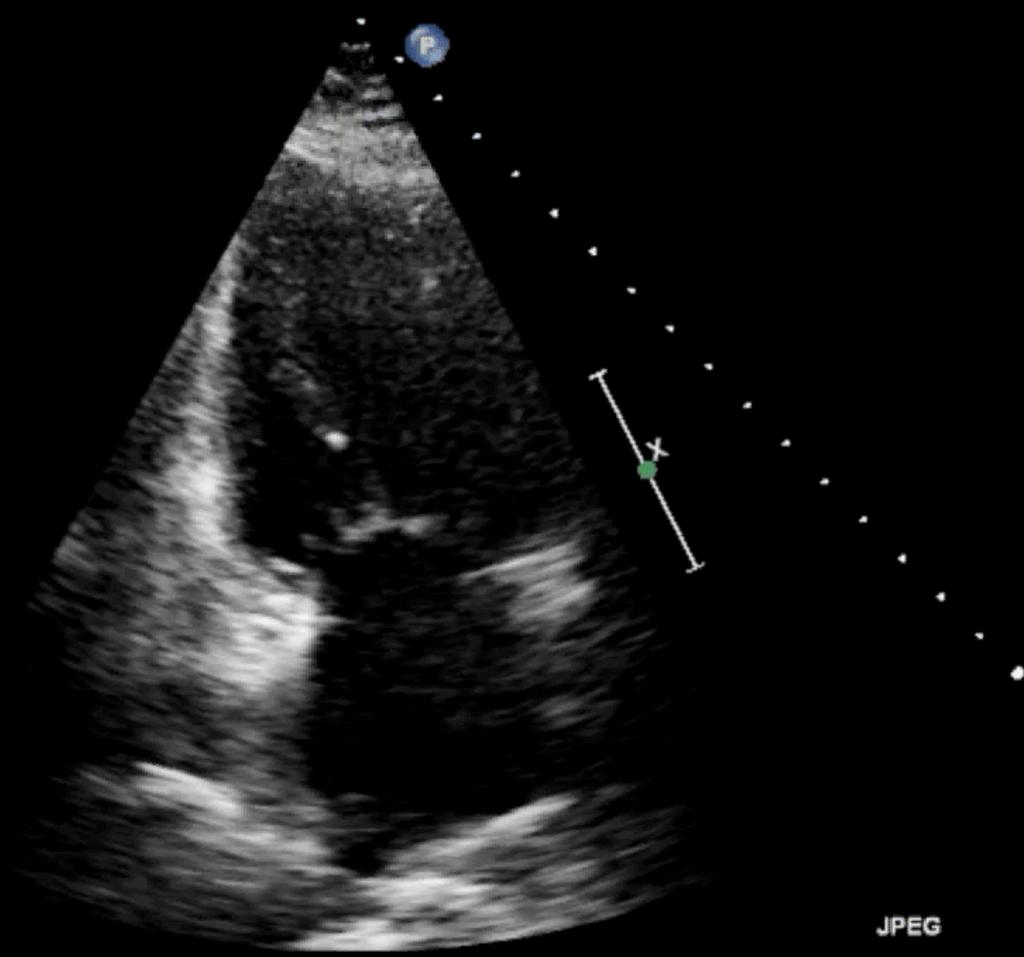
JPEG

66 bpm

FR 73Hz
17cm

2D
53%
C 50
P Low
HGen

M3



JPEG

66 bpm



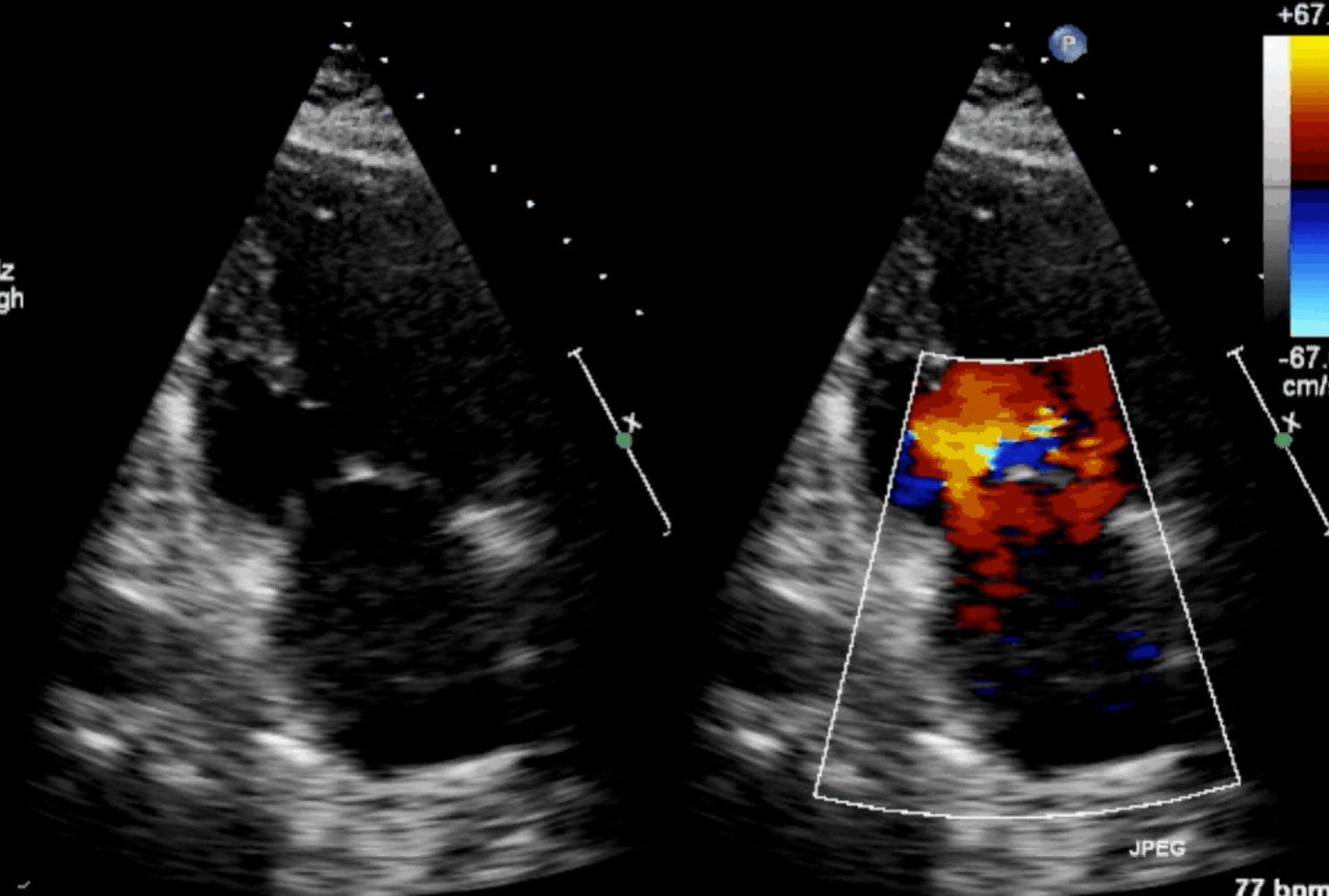
FR 20Hz
17cm

2D
52%
C 50
P Low
HGen
CF
66%
2.5MHz
WF High
Med

M3 M4
+67.0



-67.0
cm/s



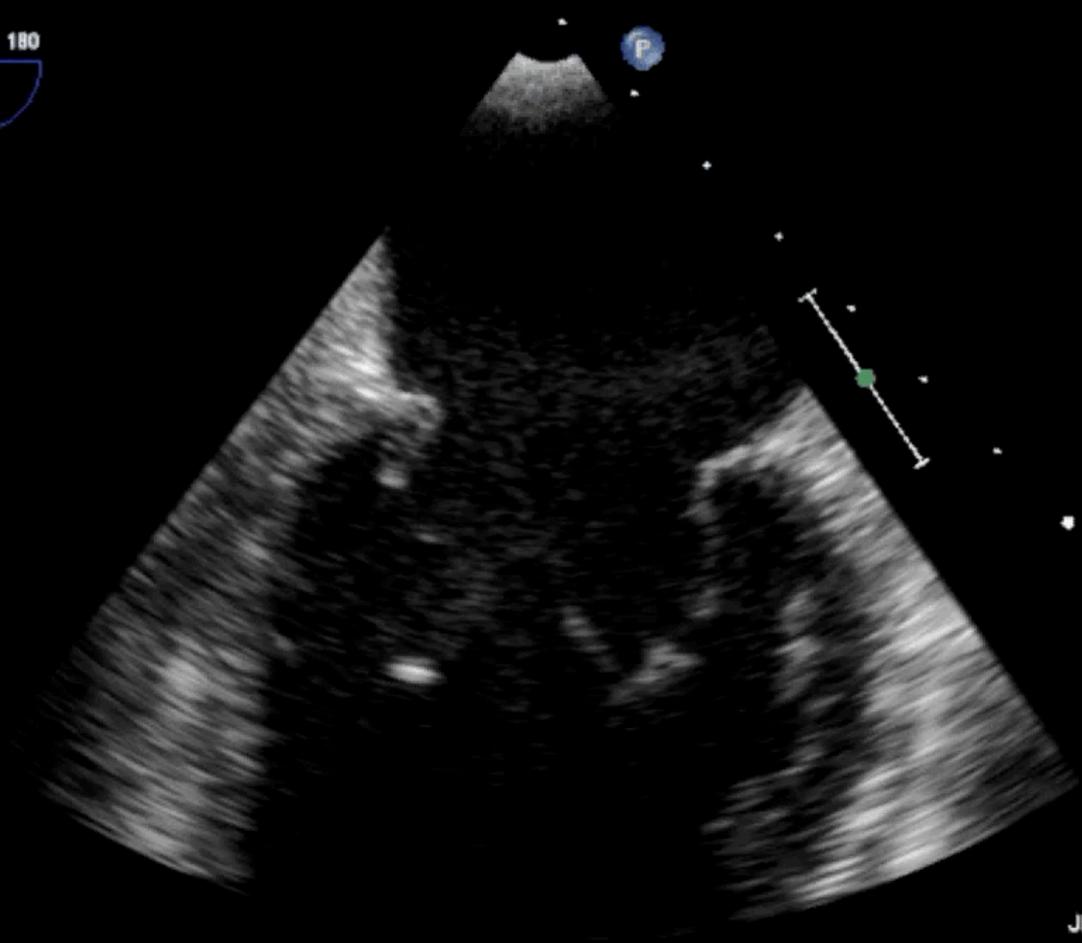
JPEG

77 bpm

FR 64Hz
9.0cm

M4

2D
60%
C 50
P Off
Gen



JPEG

73 bpm

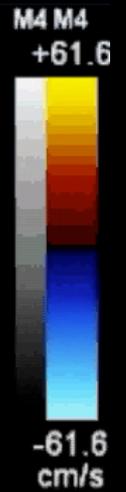
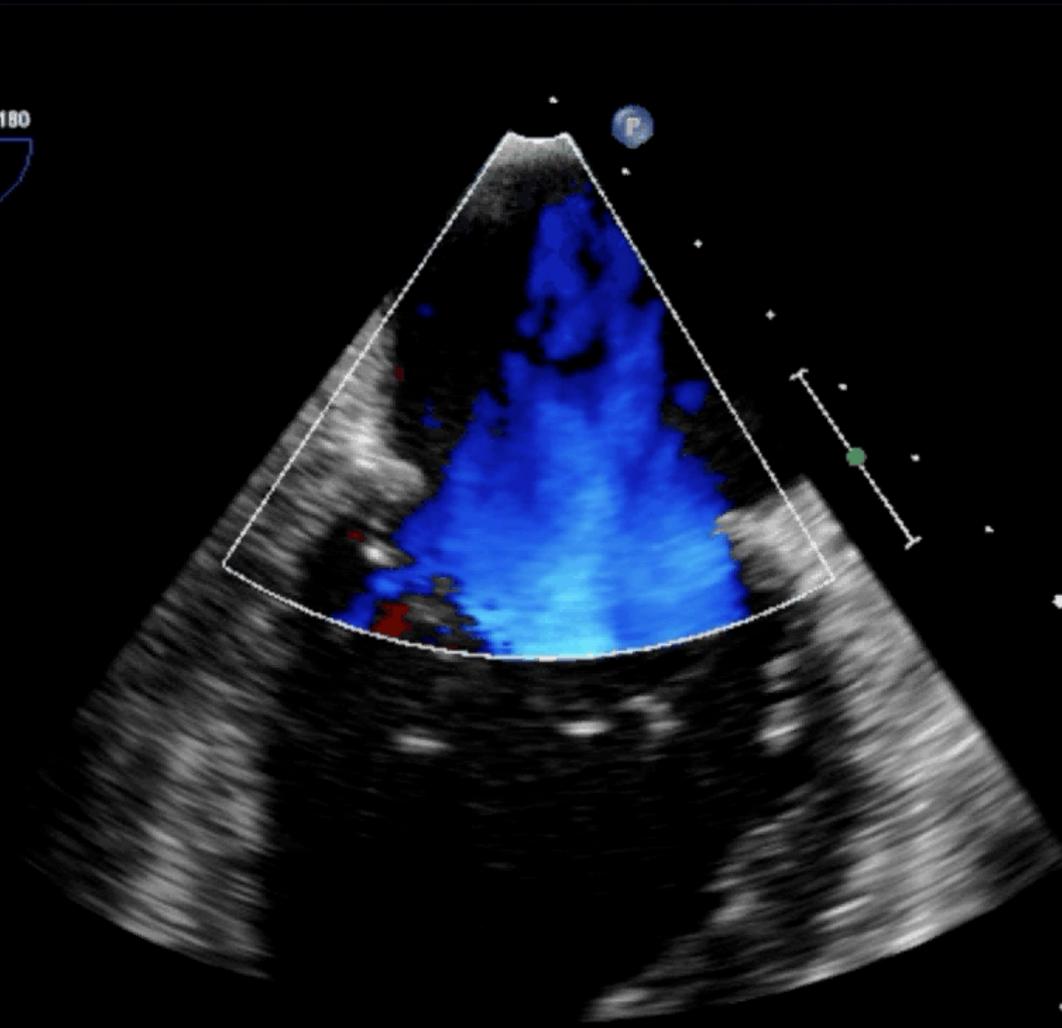
PAT T: 37.0C
TEE T: 39.1C



FR 13Hz
9.0cm

2D
63%
C 50
P Off
Gen

CF
59%
4.4MHz
WF High
Med



PAT T: 37.0C
TEE T: 39.1C

JPEG

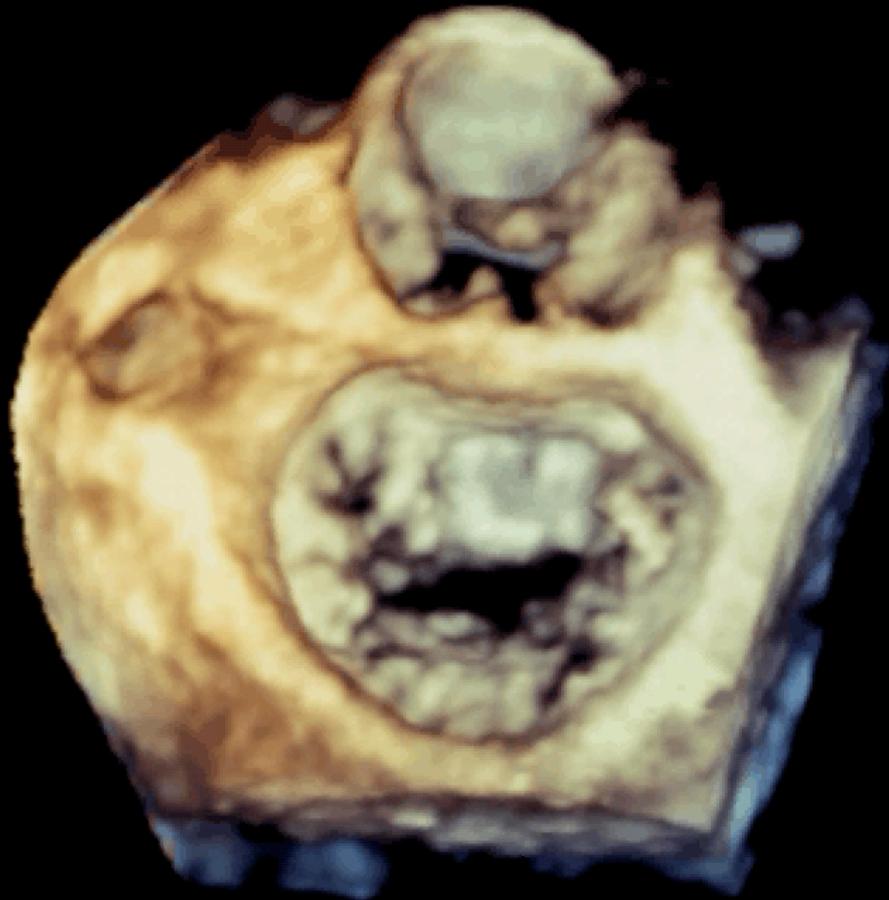
73 bpm

FR 32Hz
8.1cm

Full Volume 0 65 180
3D 31%
3D 40dB



M4



PAT T: 37.0C
TEE T: 38.0C

JPEG

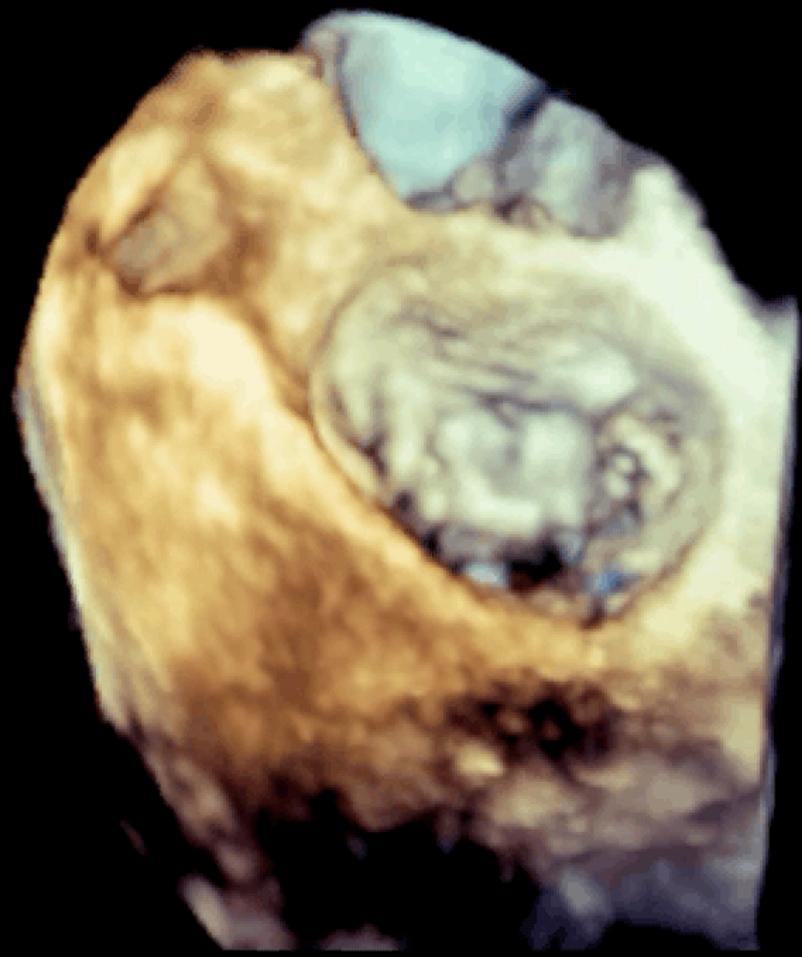
73 bpm

FR 32Hz
8.1cm

Full Volume 0 65 180
3D 31%
3D 40dB



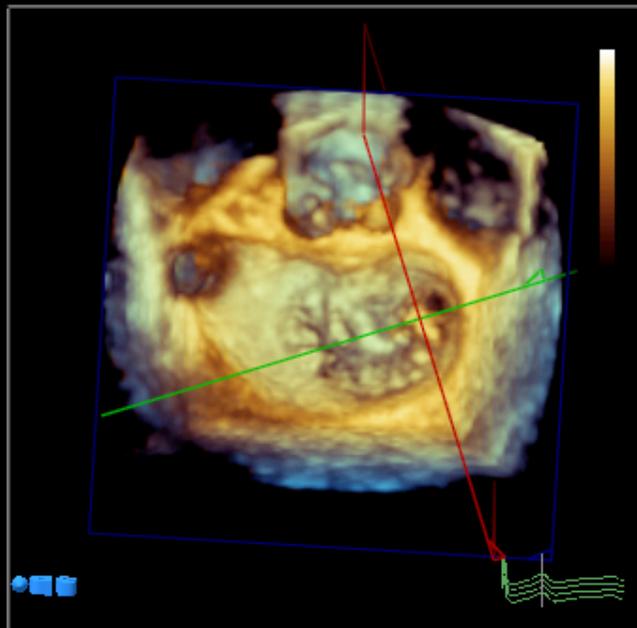
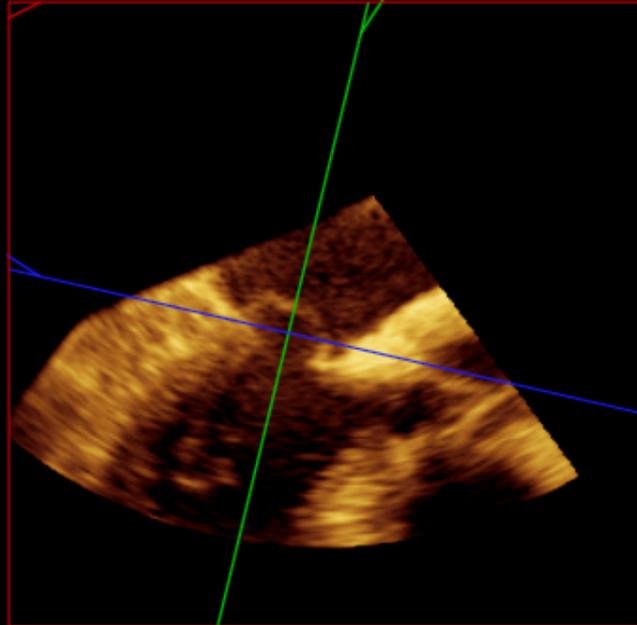
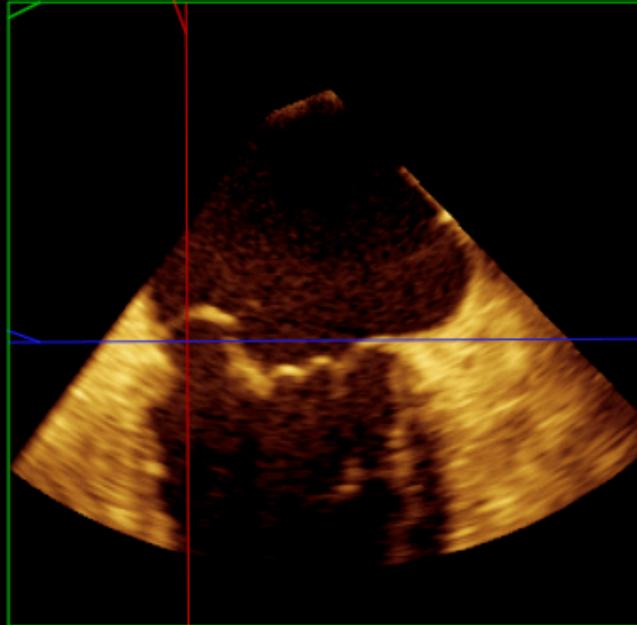
M4

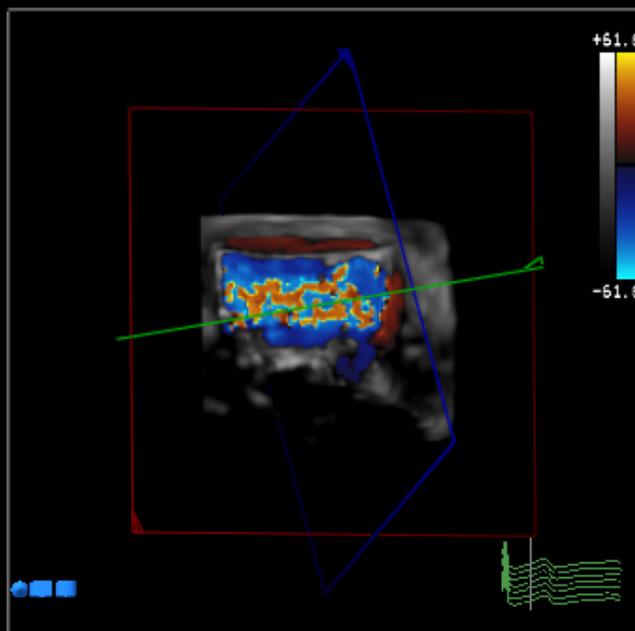
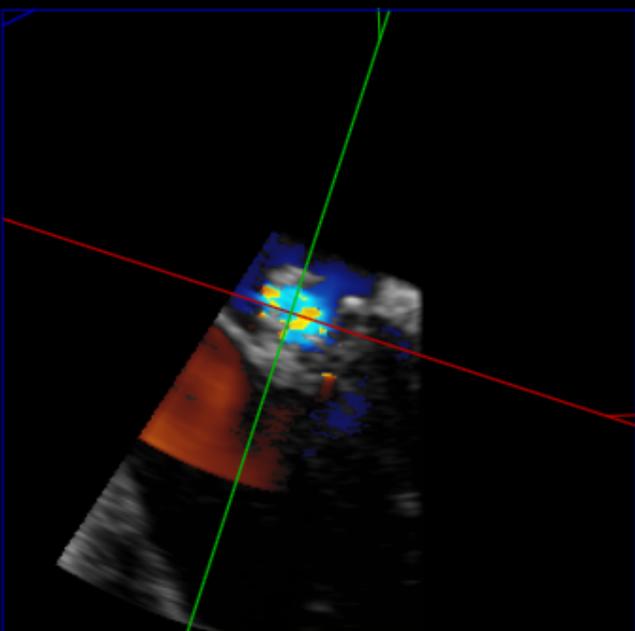
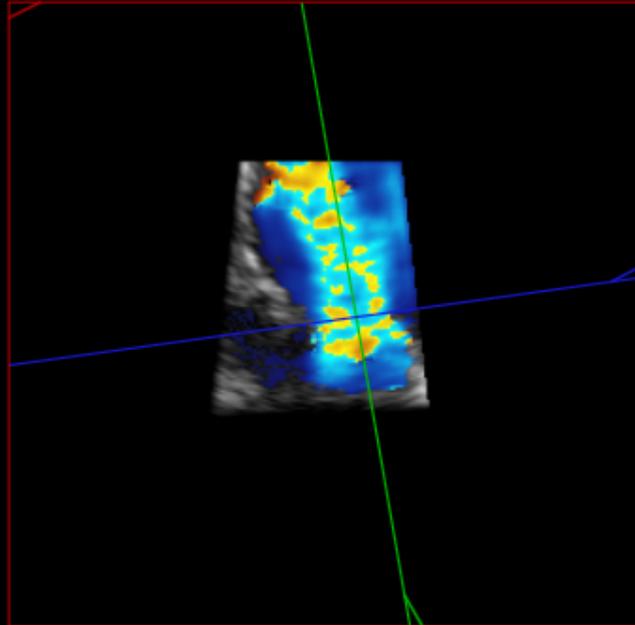
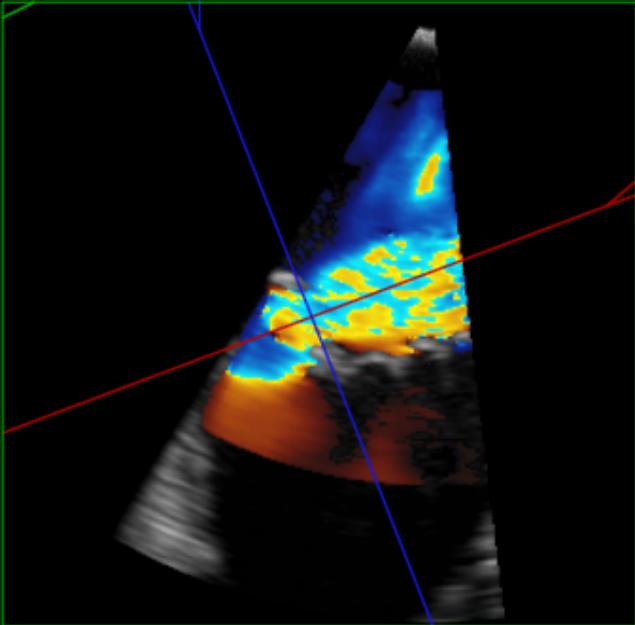


PAT T: 37.0C
TEE T: 38.0C

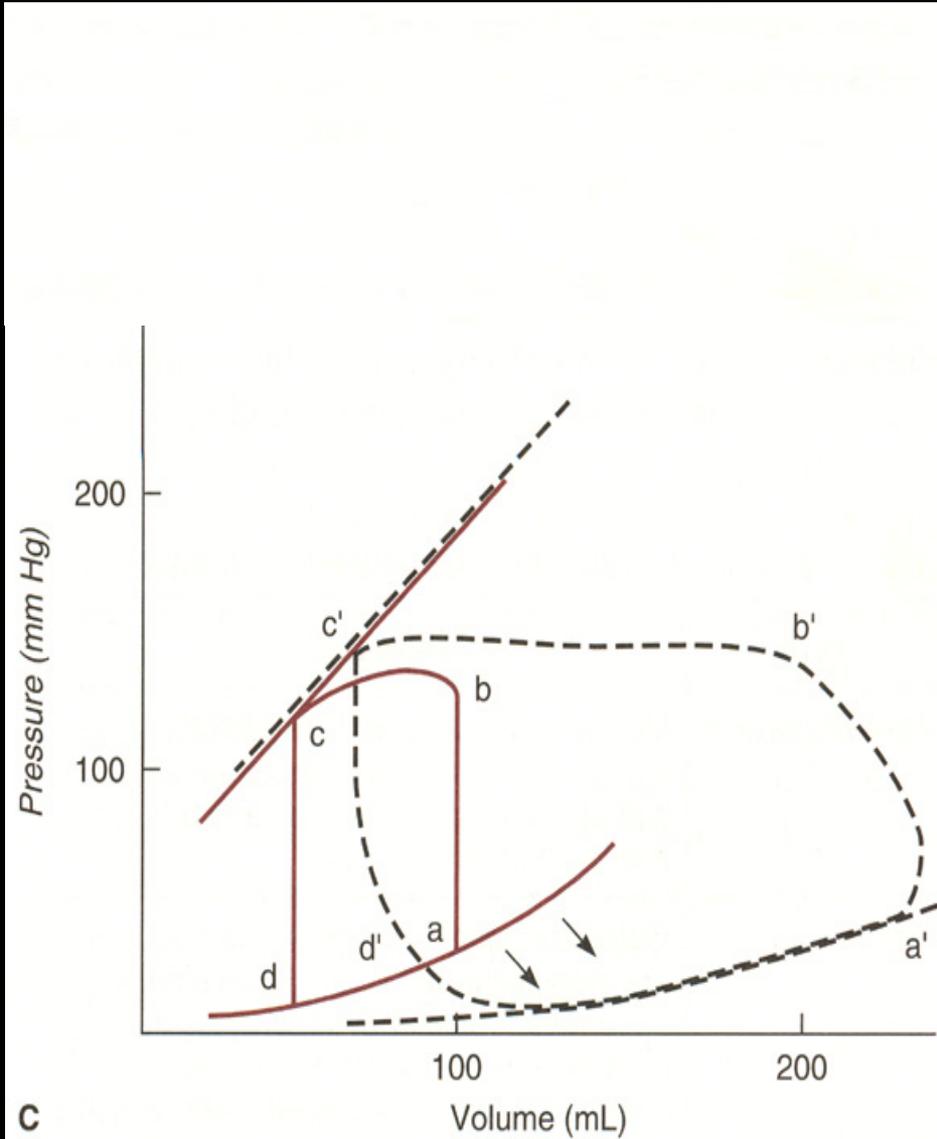
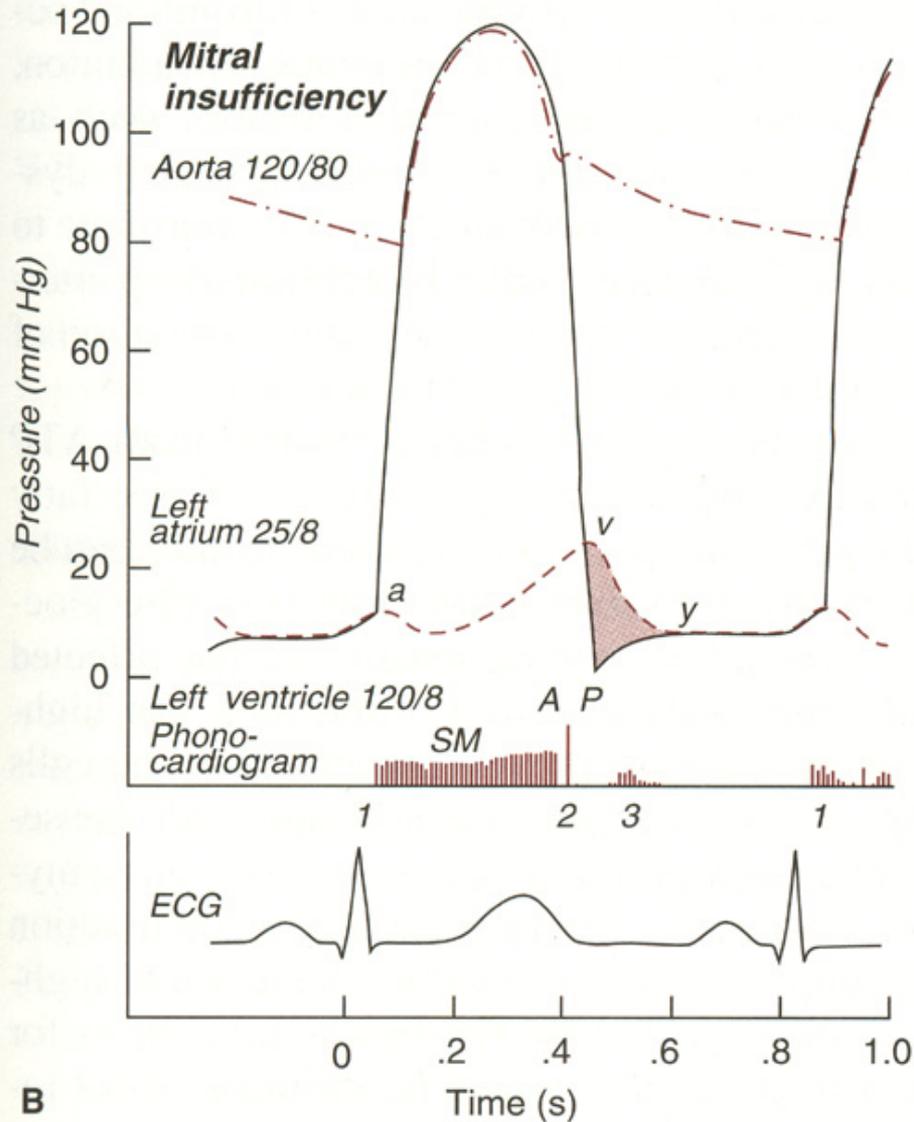
JPEG

73 bpm

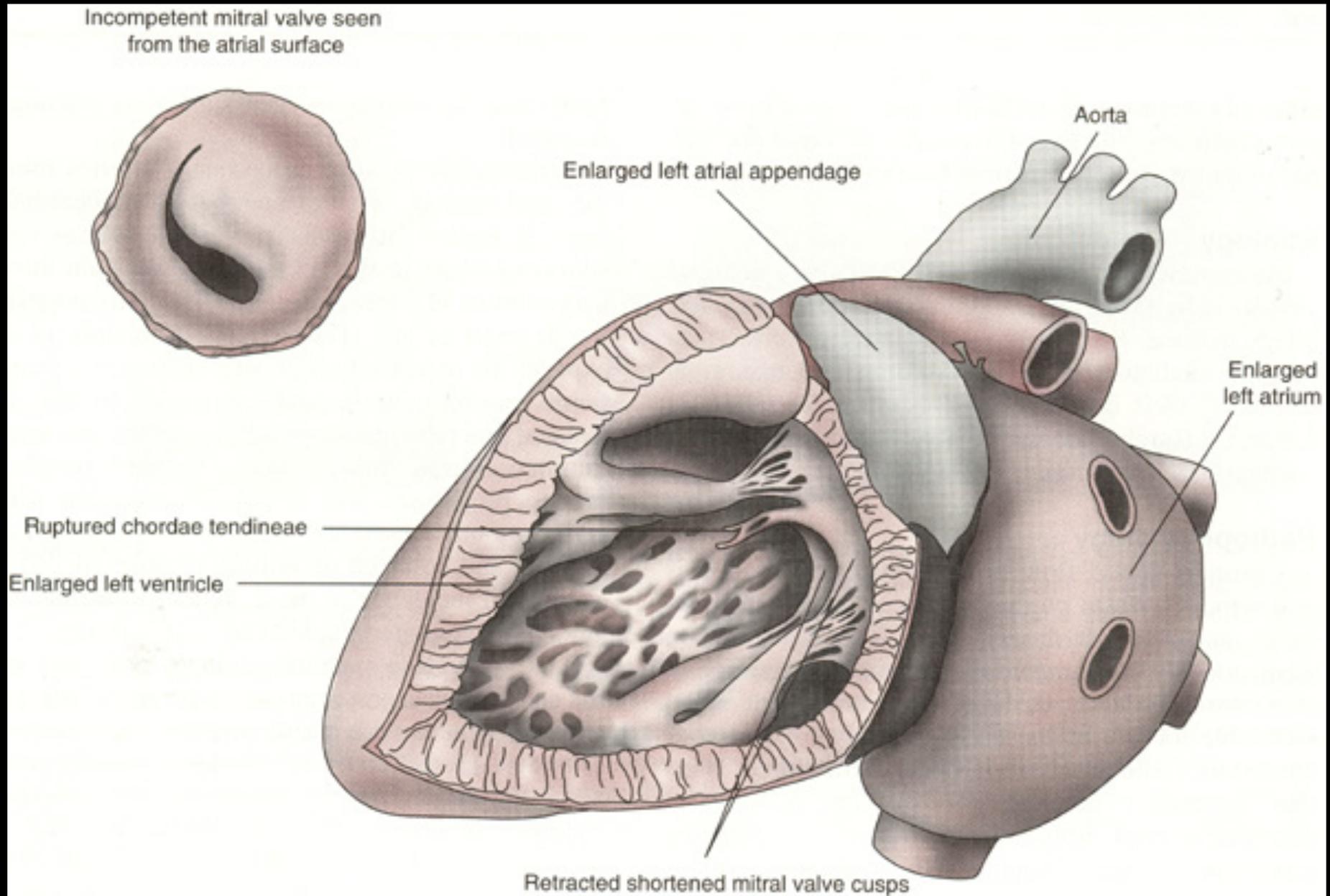




Hämodynamik der Mitralinsuffizienz



Folgen der Mitralsuffizienz



Mitralinsuffizienz und kardiale Funktion

Linker Ventrikel:

**Volumenüberlastung
Progressive Dilatation
Myokardiale Hypertrophie
Systolische Dysfunktion
Ventrikuläre Arrhythmien**

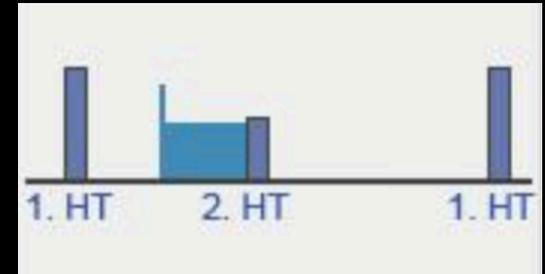
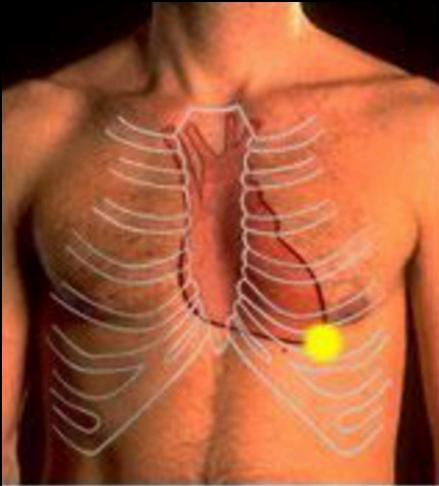
Linker Vorhof:

**Progressive Dilatation
Atriale Arrhythmien
Atriale Thromben**

Sekundäre pulmonale Hypertonie

Mitralinsuffizienz

Untersuchung von Patienten mit MI



1: normal

2: normal

Holosystolisches Geräusch, bandförmig, fauchend
Ausstrahlung in Axilla, v. a. in Linksseitenlage

3: häufig vorhanden

MKP: systolischer Click und daran anschliessend MI

Palpation:

Herz: Hebender lateralisierter Herzspitzenstoss, eventuell systolisches Schwirren

Puls: Häufig unregelmässig wegen VHF

Arterieller Blutdruck:

Normale Amplitude

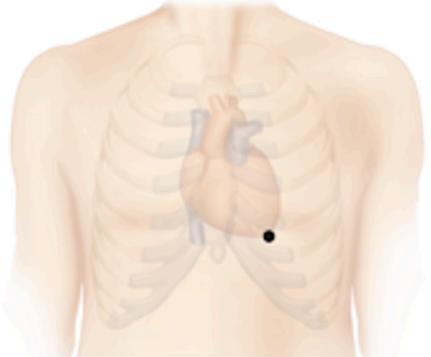
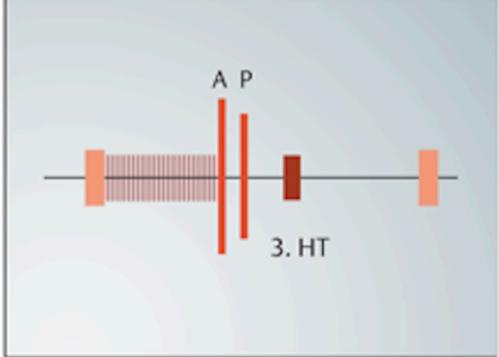
EKG:

Sinusrhythmus (VHF); Linkslage; Linkshypertrophie; Repolarisationsstörung

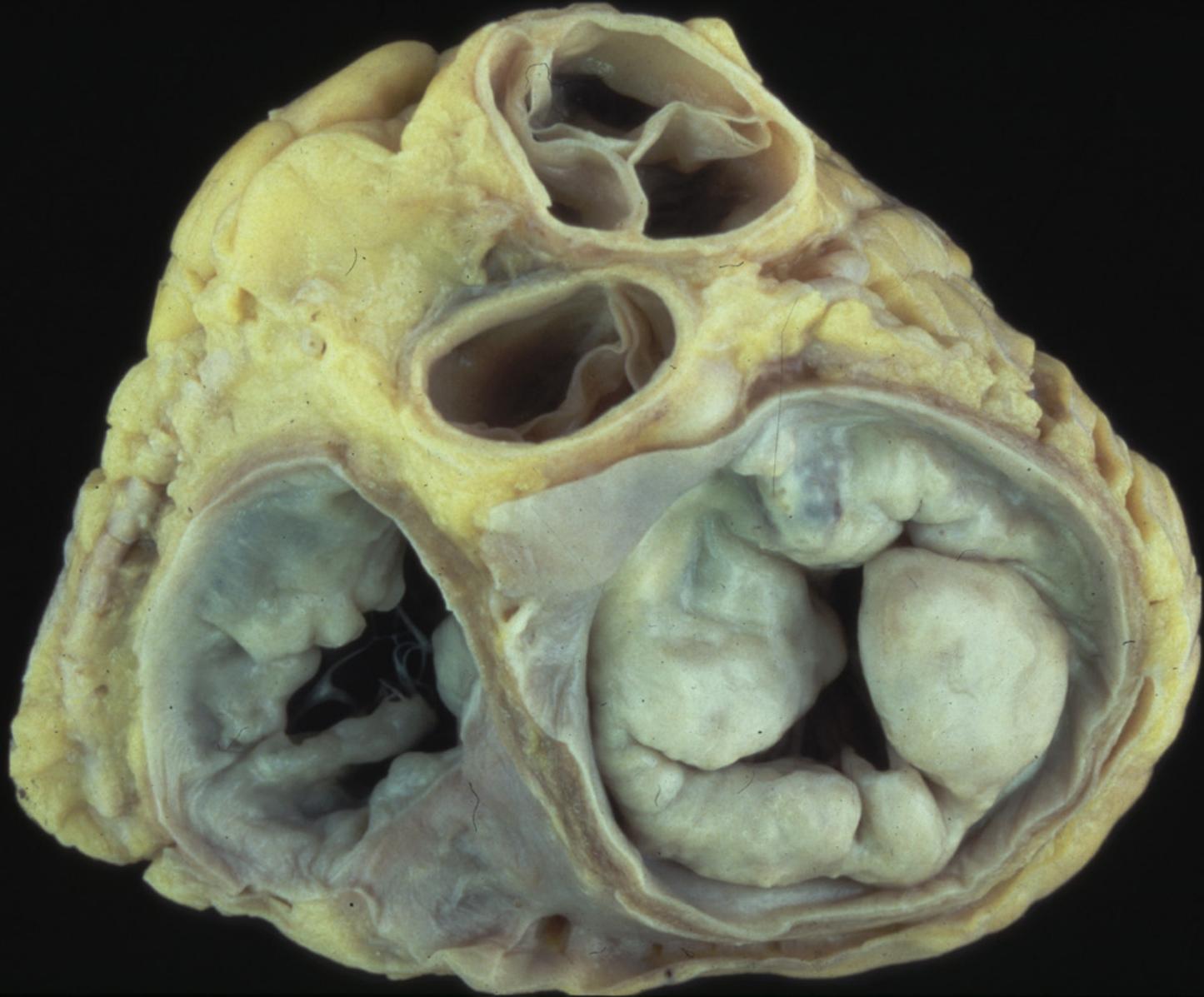
Mitralinsuffizienz

Untersuchung von Patienten mit MI



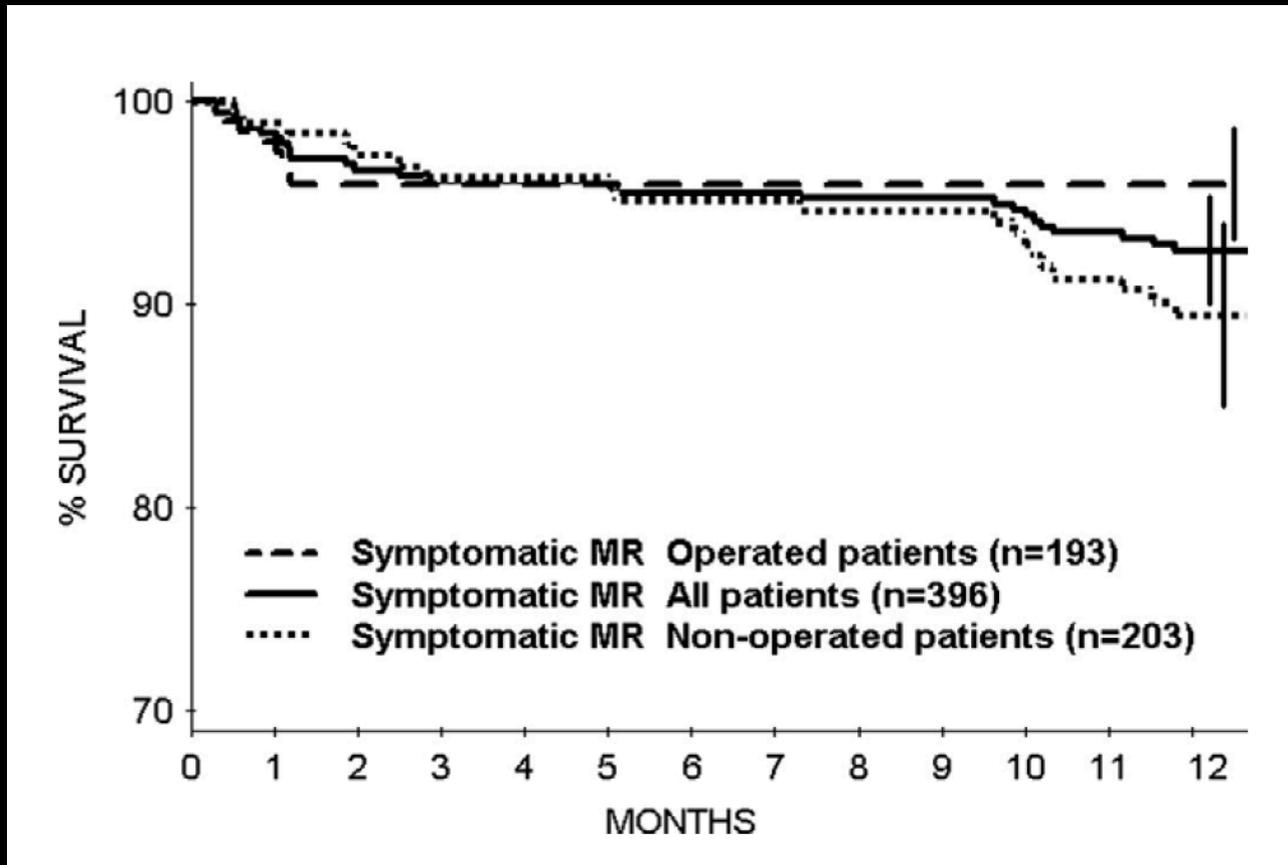
Auskultationsort	Schematische phonokardiografische Darstellung	Key point
 <p data-bbox="189 1068 386 1096">p.m.: Herzspitze</p>	 <p data-bbox="780 1068 1186 1096">1. HT 2. HT 3. HT 1. HT</p>	<p data-bbox="1290 714 1715 799">Herztöne: 1. HT leise oder fehlend, 2. HT breit gespalten</p> <p data-bbox="1290 833 1541 862">Extratöne: 3. HT</p> <p data-bbox="1290 956 1738 1042">Herzgeräusche: hochfrequenten, holosystolisches, bandförmiges Geräusch</p>

Mitralklappe: Prolaps



Prognose der schweren Mitralinsuffizienz

1-Jahres-Ueberleben von symptomatischen Patienten



90% 1-Jahres-Ueberleben (schwer, symptomatisch, keine Intervention)

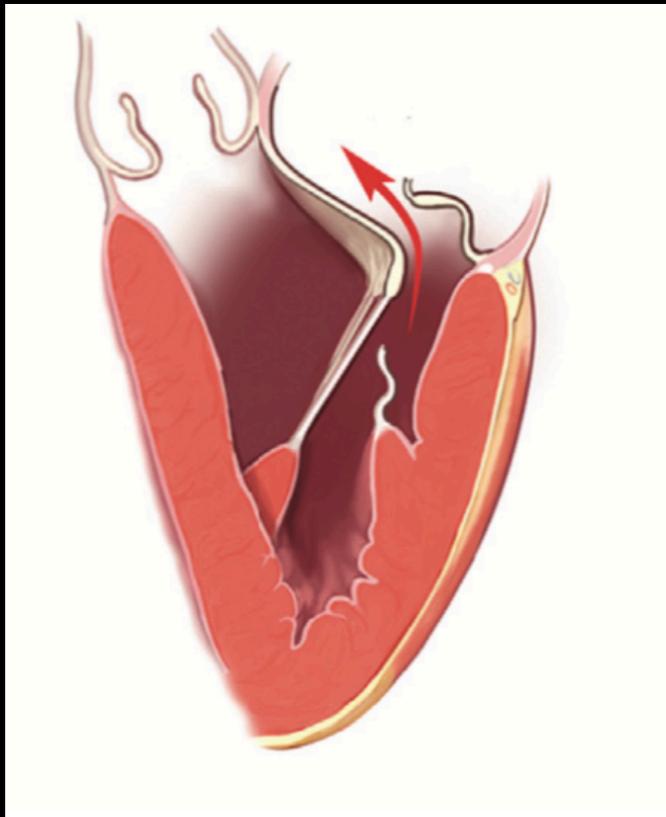
Quantifizierung der Mitralinsuffizienz

= Kardiologisches Fachwissen

	MR severity*			
	Mild	Moderate	Severe	
Structural				
MV morphology	None or mild leaflet abnormality (e.g., mild thickening, calcifications or prolapse, mild tenting)	Moderate leaflet abnormality or moderate tenting		Severe valve lesions (primary: flail leaflet, ruptured papillary muscle, severe retraction, large perforation; secondary: severe tenting, poor leaflet coaptation)
LV and LA size [†]	Usually normal	Normal or mild dilated		Dilated [†]
Qualitative Doppler				
Color flow jet area [§]	Small, central, narrow, often brief	Variable		Large central jet (>50% of LA) or eccentric wall-impinging jet of variable size
Flow convergence	Not visible, transient or small	Intermediate in size and duration		Large throughout systole
CWD jet	Faint/partial/parabolic	Dense but partial or parabolic		Holosystolic/dense/ triangular
Semiquantitative				
VCW (cm)	<0.3	Intermediate		≥0.7 (>0.8 for biplane) [¶]
Pulmonary vein flow [#]	Systolic dominance (may be blunted in LV dysfunction or AF)	Normal or systolic blunting [#]		Minimal to no systolic flow/ systolic flow reversal
Mitral inflow ^{**}	A-wave dominant	Variable		E-wave dominant (>1.2 m/sec)
Quantitative^{††,‡‡}				
EROA, 2D PISA (cm ²)	<0.20	0.20-0.29	0.30-0.39	≥0.40 (may be lower in secondary MR with elliptical ROA)
RVol (mL)	<30	30-44	45-59 ^{††}	≥ 60 (may be lower in low flow conditions)
RF (%)	< 30	30-39	40-49	≥50

Formen der Mitralsuffizienz

Primäre Mitralsuffizienz

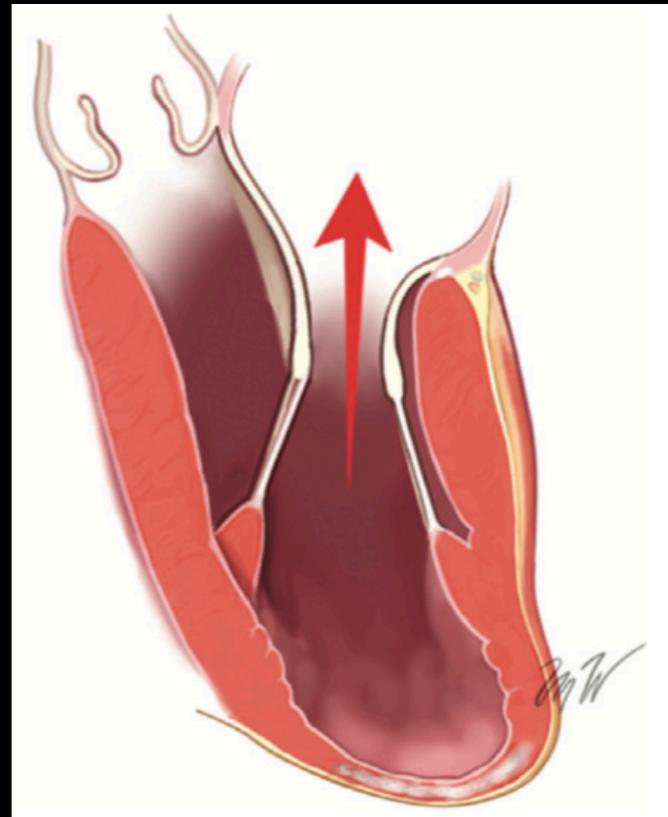


Organisch



Hauptproblem = Klappe

Sekundäre Mitralsuffizienz



Funktionell



Hauptproblem = Ventrikel

Primäre Mitralinsuffizienz

FR 38Hz
14cm

xPlane
65%
65%
44dB
P Off
Gen



M4

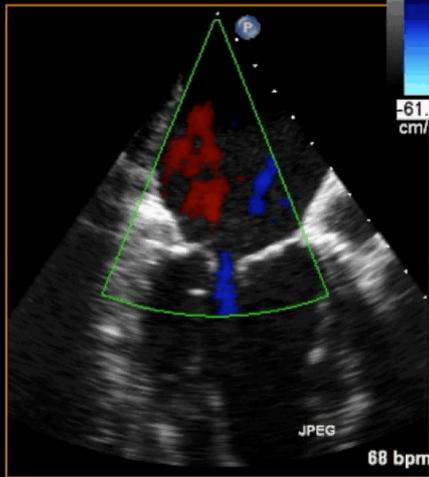
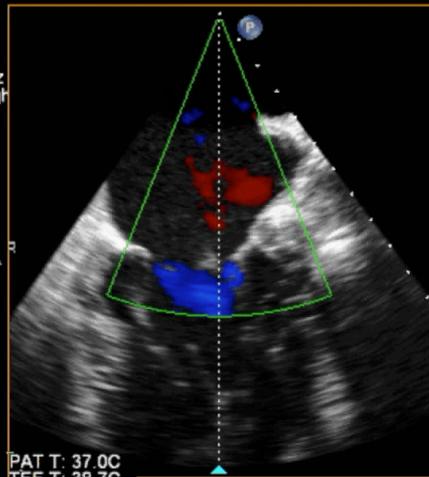
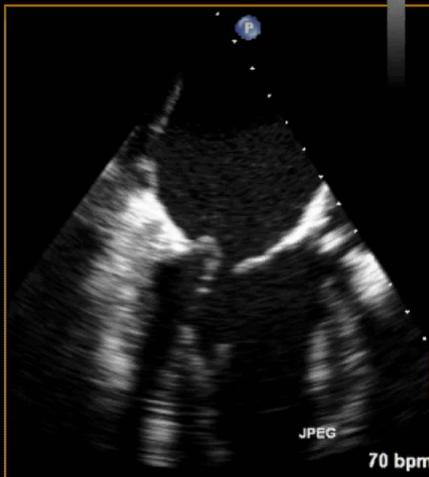
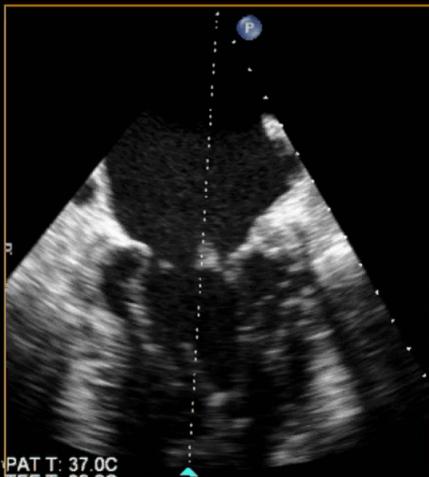
FR 9Hz
14cm

xPlane
68%
68%
44dB
P Off
Gen



M4 M4
+61.1

Color scale for flow velocity, ranging from -61.1 cm/s (blue) to +61.1 cm/s (red)



FR 21Hz
14cm

Full Volume
3D 36%
3D 32dB



M4

FR 21Hz
14cm

Full Volume
3D 36%
3D 32dB



M4



JPEG

70 bpm



JPEG

70 bpm

Herzinsuffizienz bei primärer Mitralinsuffizienz

DISEASED MYOCARDIUM

ARRHYTHMIAS

ABNORMAL LOADING CONDITIONS

Hypertension		
Valve and myocardium structural defects	Acquired	Mitral, aortic, tricuspid and pulmonary valve diseases.
	Congenital	Atrial and ventricular septum defects and others (for details see a respective expert document).
Pericardial and endomyocardial pathologies	Pericardial	Constrictive pericarditis Pericardial effusion
	Endomyocardial	HES, EMF, endocardial fibroelastosis.
High output states		Severe anaemia, sepsis, thyrotoxicosis, Paget's disease, arteriovenous fistula, pregnancy.
Volume overload		Renal failure, iatrogenic fluid overload.

Type of HF		HFrEF	HFmrEF	HFpEF
CRITERIA	1	Symptoms ± Signs ^a	Symptoms ± Signs ^a	Symptoms ± Signs ^a
	2	LVEF <40%	LVEF 40–49%	LVEF ≥50%
	3	–	1. Elevated levels of natriuretic peptides ^b ; 2. At least one additional criterion: a. relevant structural heart disease (LVH and/or LAE), b. diastolic dysfunction (for details see Section 4.3.2).	1. Elevated levels of natriuretic peptides ^b ; 2. At least one additional criterion: a. relevant structural heart disease (LVH and/or LAE), b. diastolic dysfunction (for details see Section 4.3.2).

Therapie der primären Mitralinsuffizienz

Medikamente

Chronische primäre Mitralinsuffizienz:

Nur zur Therapie der Herzinsuffizienz wenn keine Intervention/Operation

Akute primäre Mitralinsuffizienz:

Nitrate und Diuretika

Intervention

Wenn möglich Clipping

Andere Methoden haben noch keine breite Akzeptanz

Patienten mit hohem chirurgischem Risiko oder inoperabel

Operation

Wenn möglich Rekonstruktion

Ersatz hat schlechtere Langzeitergebnisse

Erfahrenes Zentrum je nach echokardiographischem Befund

Mitralinsuffizienz und medikamentöse Therapie

- **Betablocker: keine guten Daten**
- **Diuretika, Nitrate: kontroverse Daten**
Ausgenommen: akute Mitralinsuffizienz
- **Arterielle Hypertonie behandeln**
- **Gegebenenfalls Herzinsuffizienz behandeln**
- **Antikoagulation:**
 - **bei VHF und bei Thrombus im LA**
 - **für 3 Monate nach MKR**

Sekundäre Mitralinsuffizienz

Adult Echo

X5-1
50Hz
20cm

2D
62%
C 50
P Low
HGen

G
P R
1.6 3.2

TIS0.4 MI 1.2

M3

Adult Echo

X5-1
25Hz
20cm

2D
65%
C 50
P Low
HGen

CF
50%
3672Hz
WF 367Hz
2.5MHz

G
P R
1.6 3.2

TIS1.0 MI 0.9

M3 M4

+56.6

-56.6
cm/s

98 bpm

91 bpm

Adult Echo

X5-1
53Hz
20cm

2D
63%
C 50
P Low
HGen

G
P R
1.6 3.2

TIS0.4 MI 1.3

M3

Adult Echo

X5-1
22Hz
20cm

2D
66%
C 50
P Low
HGen

CF
50%
3474Hz
WF 347Hz
2.5MHz

G
P R
1.6 3.2

TIS1.0 MI 1.0

M3 M4

+53.5

-53.5
cm/s

98 bpm

91 bpm

Herzinsuffizienz bei sekundärer Mitralinsuffizienz

DISEASED MYOCARDIUM

ARRHYTHMIAS

ABNORMAL LOADING CONDITIONS

Hypertension		
Valve and myocardium structural defects	Acquired	Mitral, aortic, tricuspid and pulmonary valve diseases.
	Congenital	Atrial and ventricular septum defects and others (for details see a respective expert document).
Pericardial and endomyocardial pathologies	Pericardial	Constrictive pericarditis Pericardial effusion
	Endomyocardial	HES, EMF, endocardial fibroelastosis.
High output states		Severe anaemia, sepsis, thyrotoxicosis, Paget's disease, arteriovenous fistula, pregnancy.
Volume overload		Renal failure, iatrogenic fluid overload.

Type of HF		HFrEF	HFmrEF	HFpEF
CRITERIA	1	Symptoms ± Signs ^a	Symptoms ± Signs ^a	Symptoms ± Signs ^a
	2	LVEF <40%	LVEF 40–49%	LVEF ≥50%
	3	–	1. Elevated levels of natriuretic peptides ^b ; 2. At least one additional criterion: a. relevant structural heart disease (LVH and/or LAE), b. diastolic dysfunction (for details see Section 4.3.2).	1. Elevated levels of natriuretic peptides ^b ; 2. At least one additional criterion: a. relevant structural heart disease (LVH and/or LAE), b. diastolic dysfunction (for details see Section 4.3.2).

Therapie der sekundären Mitralinsuffizienz

Medikamente

Essentiell

Optimale medikamentöse Therapie der Herzinsuffizienz

Zusätzlich:

Resynchronisation und Revaskularisation

Intervention

Wenn möglich Clipping

Andere Methoden haben noch keine breite Akzeptanz

Möglichkeit der symptomatischen Verbesserung

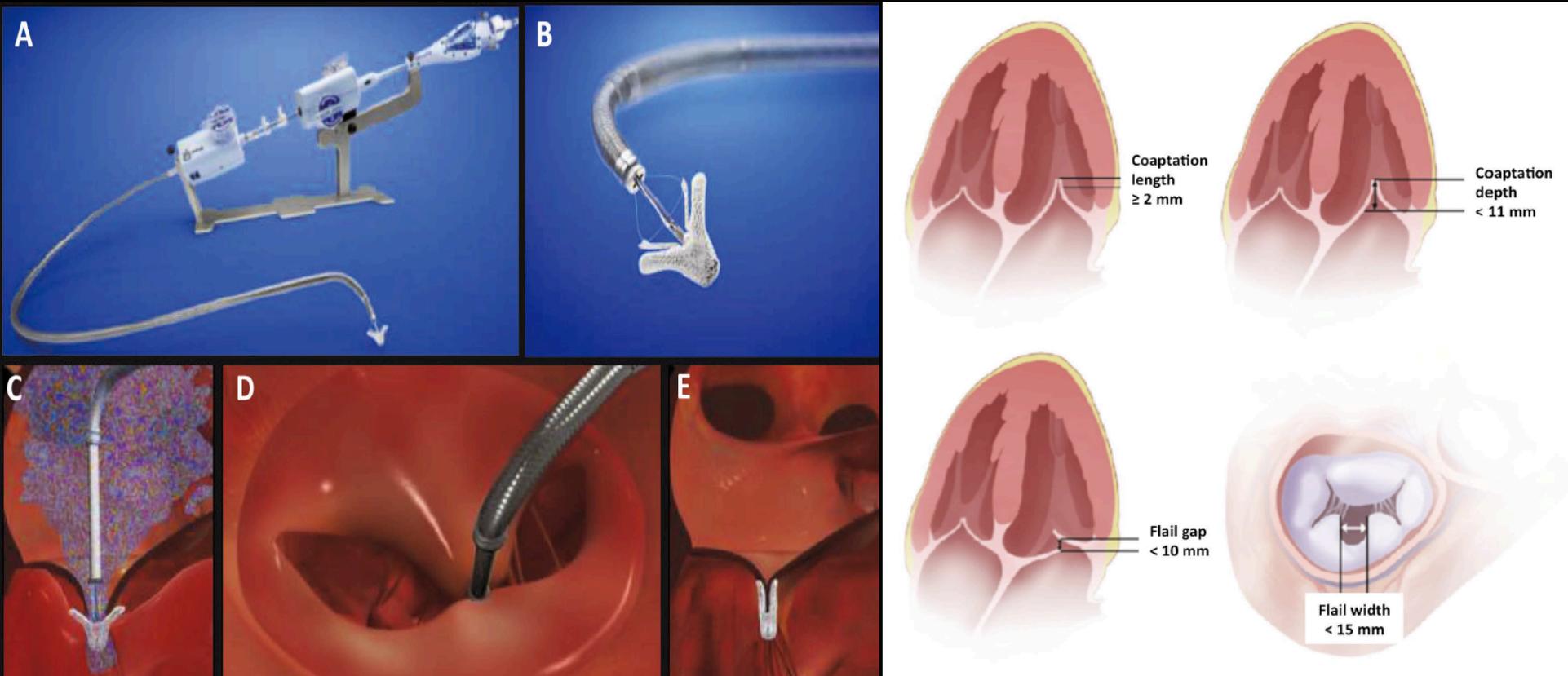
Operation

Rekonstruktion oder Ersatz je nach echokardiographischem Bild

Indikation vor allem bei gleichzeitiger ACBP-Operation

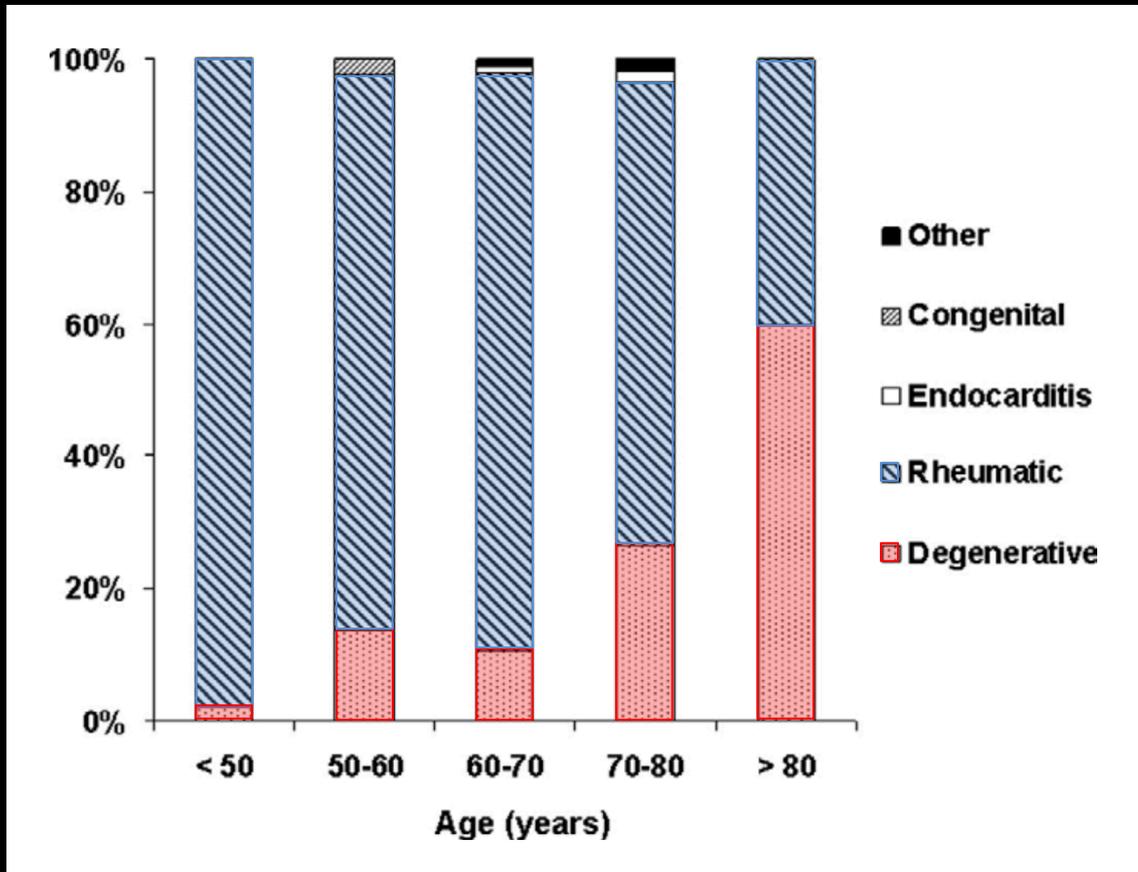
Möglichkeit der symptomatischen Verbesserung

Mitralinsuffizienz und perkutane Rekonstruktion



Ursachen der Mitralstenose

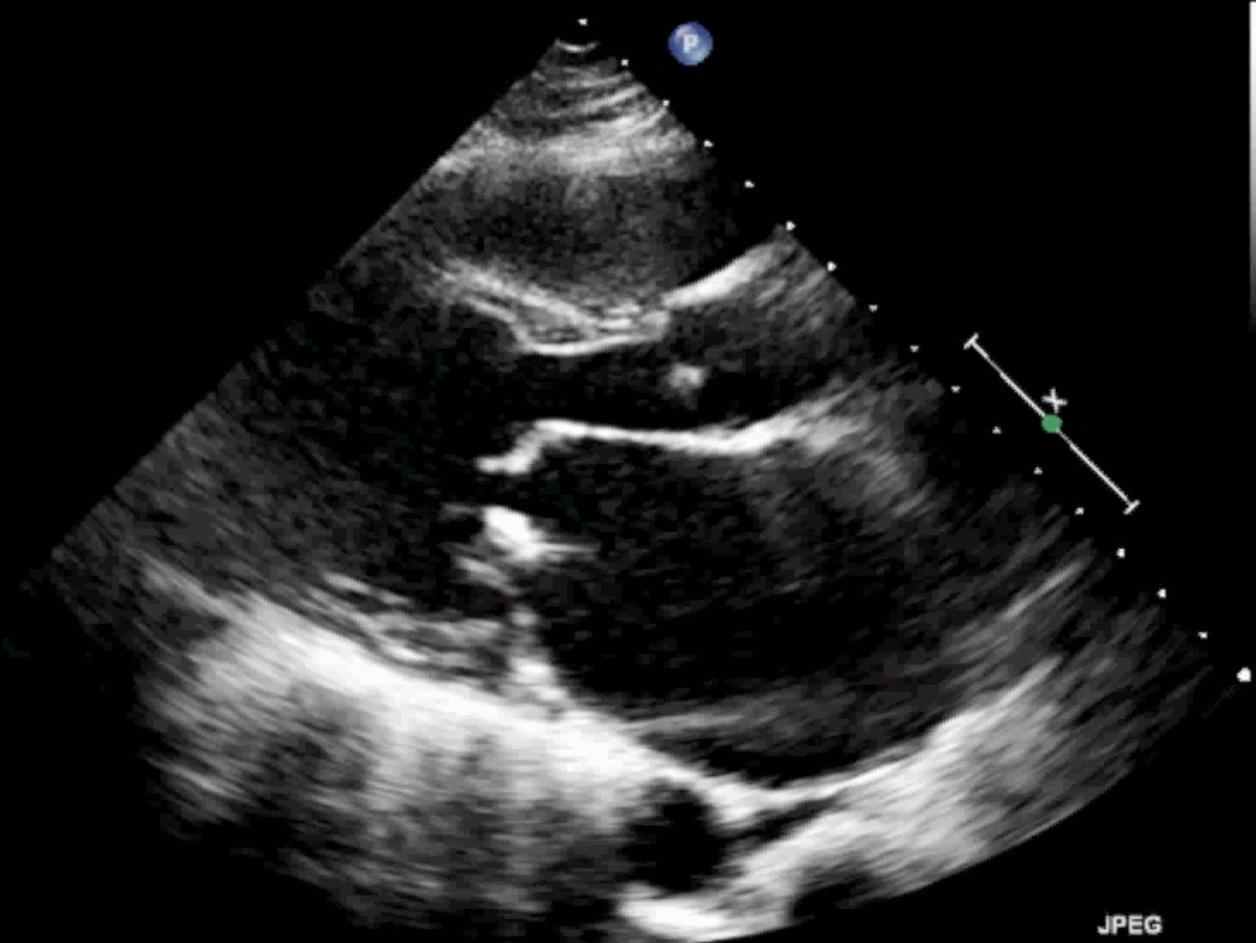
Verteilung der Ursachen nach Alter



FR 49Hz
16cm

2D
57%
C 50
P Low
HGen

M3



JPEG

67 bpm



FR 43Hz
19cm

2D
57%
C 50
P Low
HGen

M3



JPEG

68 bpm

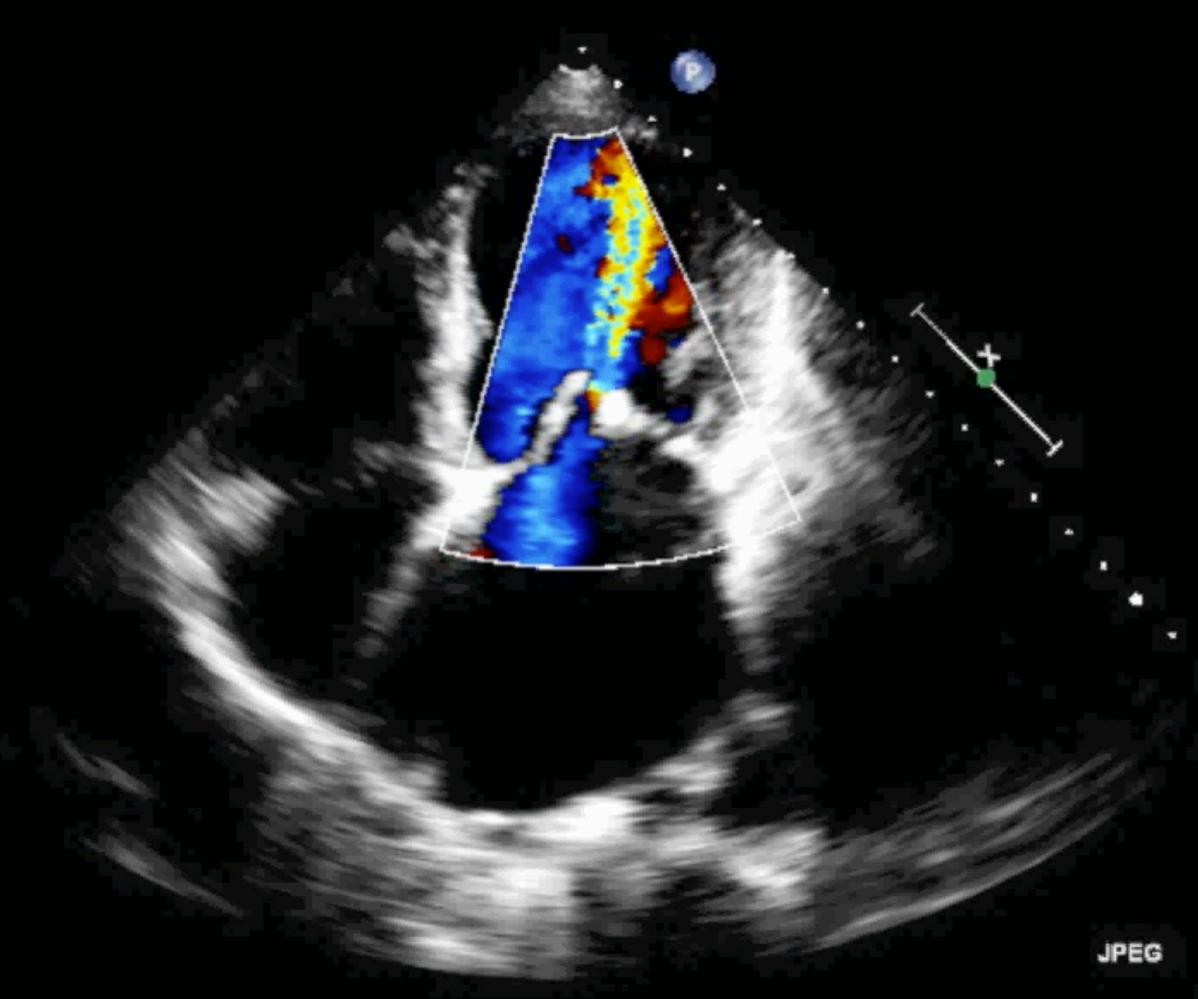
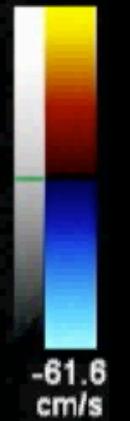


FR 14Hz
19cm

2D
58%
C 50
P Low
HGen

CF
66%
2.5MHz
WF High
Med

M3 M4
+61.6



A

JPEG

69 bpm

Adult Echo
X7-2t
37Hz
12cm

3D Beats 4Q

TIS0.1 MI 0.3

Full Volume
2D / 3D
% 54 / 51
C 50 / 30
Gen



M4



PAT T: 37.0C
TEE T: 40.0C

Delay 0ms

104 bpm

JPE

Adult Echo
X7-2t
37Hz
12cm

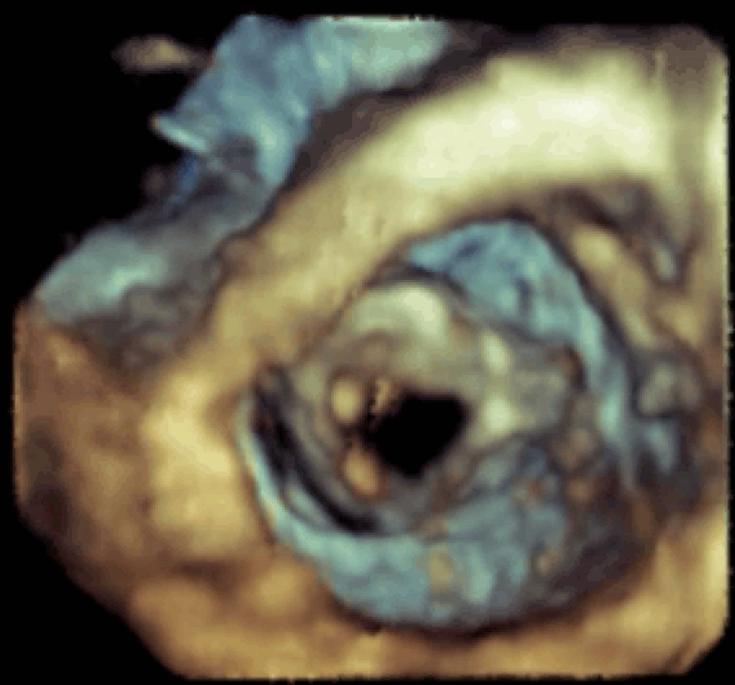
3D Beats 4Q

TIS0.1 MI 0.3

Full Volume
2D / 3D
% 54 / 51
C 50 / 30
Gen



M4



PAT T: 37.0C
TEE T: 40.0C

Delay 0ms

104 bpm

Adult Echo

18/12/2015 13:39:06

TISO.1 MI 0.3

X7-2t

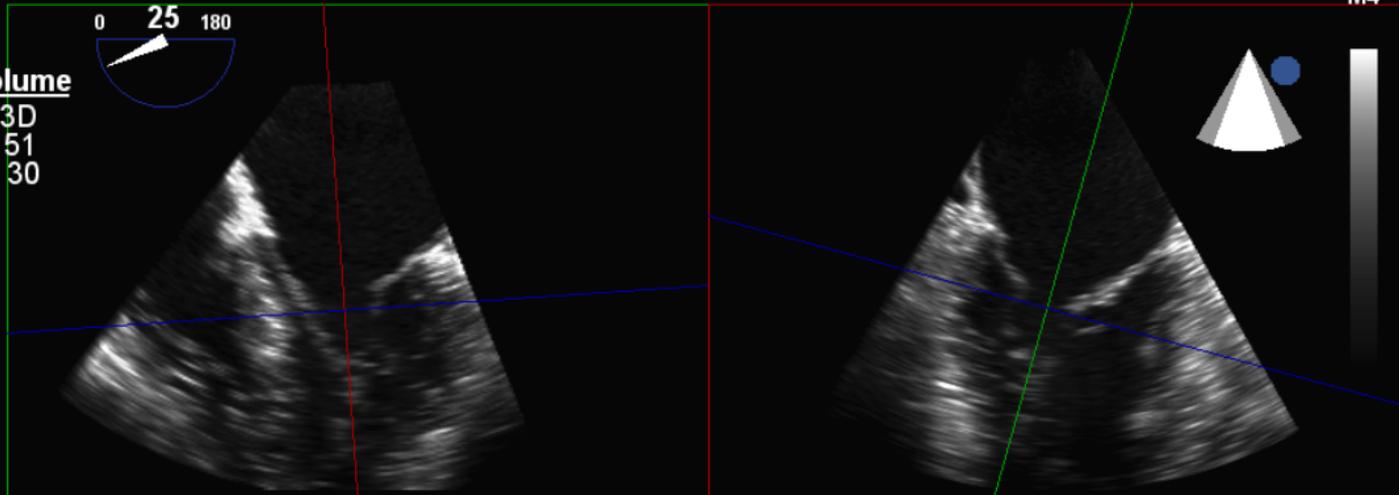
3D Beats 4Q

37Hz
12cm

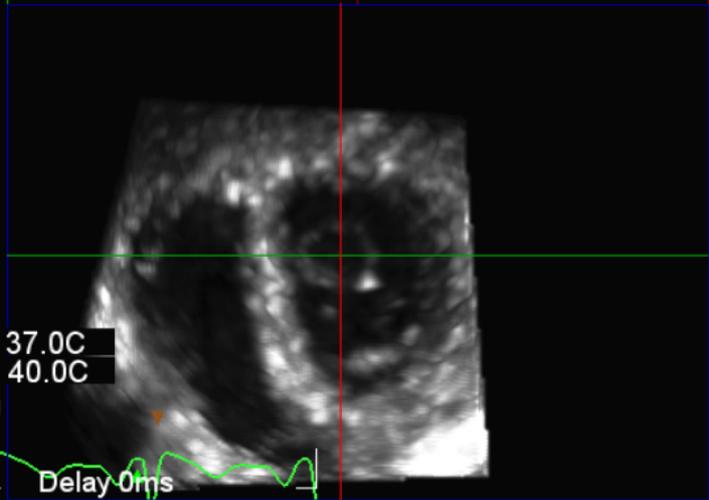
Full Volume

2D / 3D
% 54 / 51
C 50 / 30
Gen

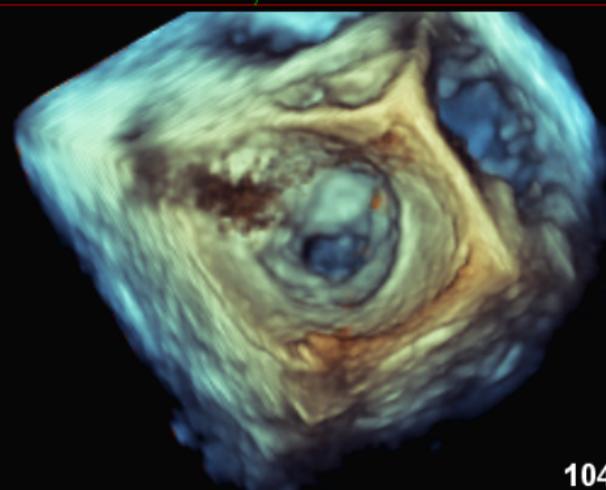
0 25 180



M4



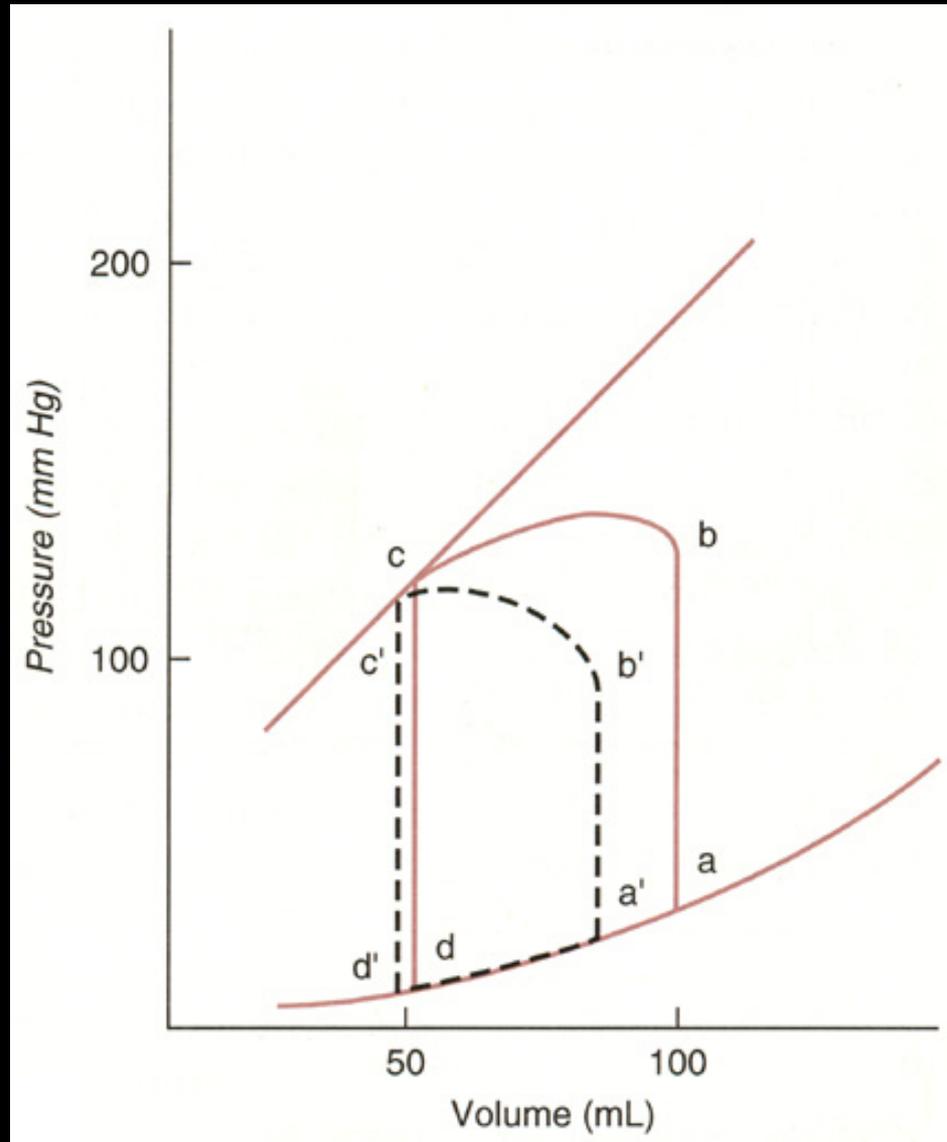
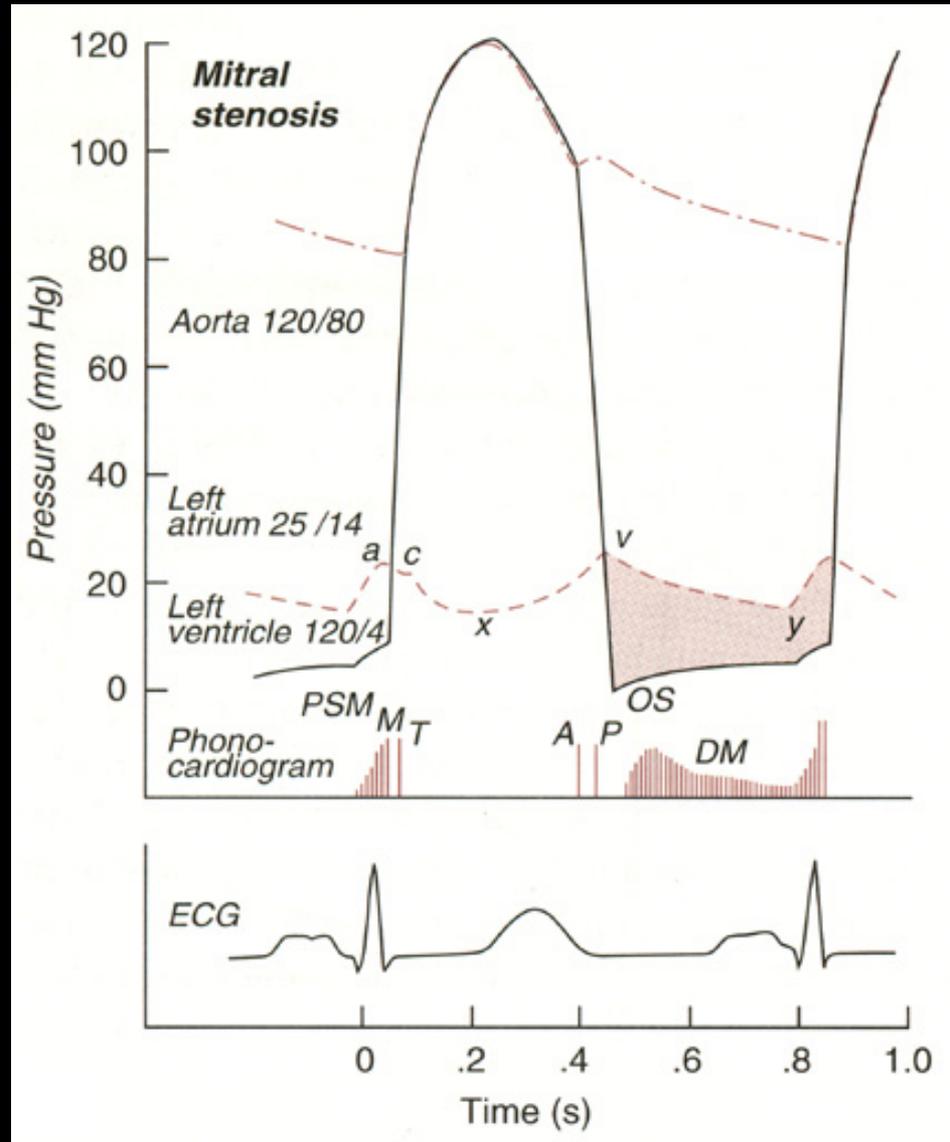
PAT T: 37.0C
TEE T: 40.0C
F# 20



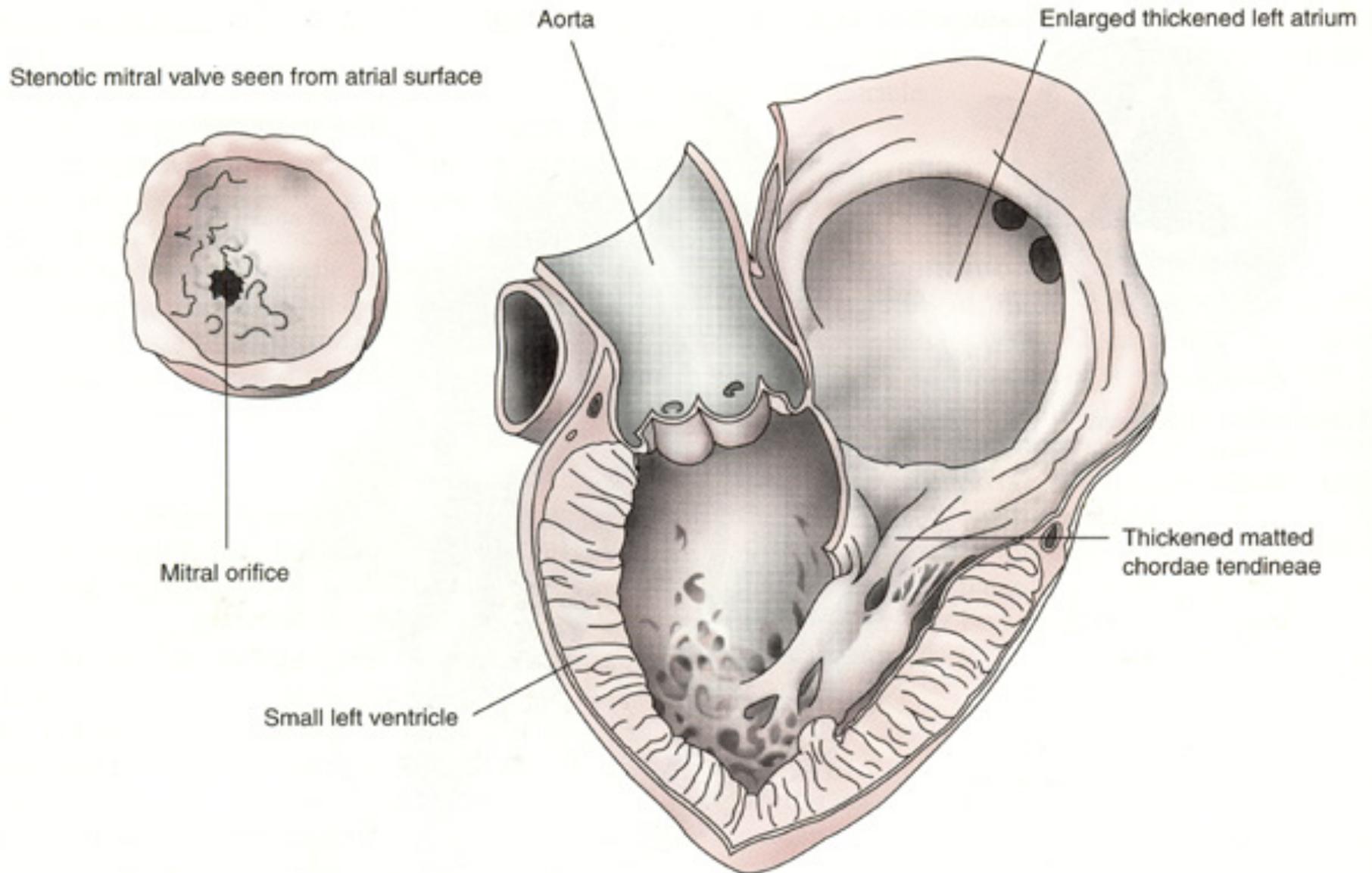
106

104 bpm

Hämodynamik der Mitralstenose



Folgen der Mitralstenose



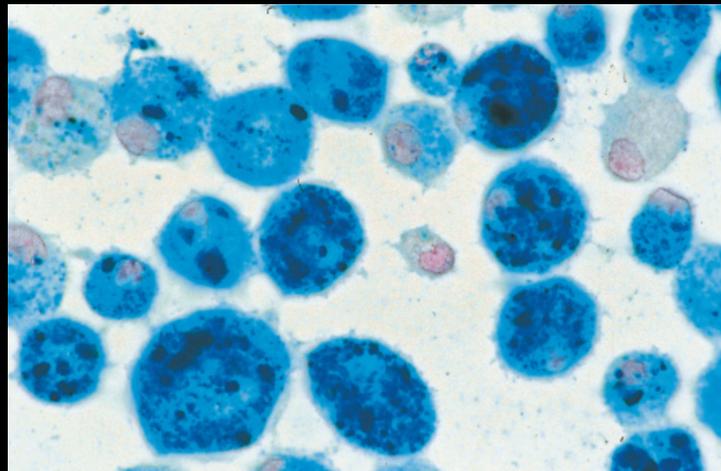
Mitralstenose und kardiale Funktion

Linker Vorhof:

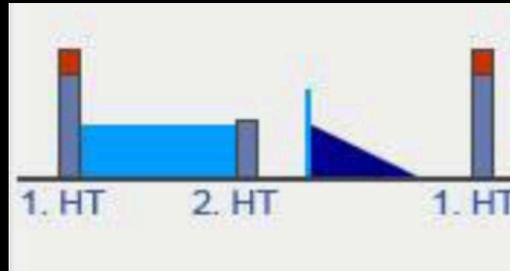
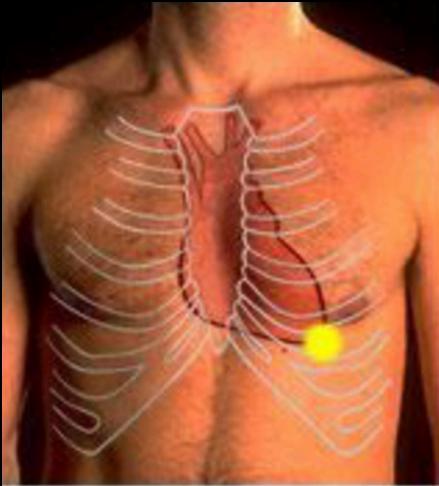
Progressive Dilatation
Atriale Arrhythmien
Atriale Thromben
Embolische Ereignisse

Sekundäre pulmonale Hypertonie:

Hämoptyse ('Herzfehlerzellen')
Lungenödem
Rechtsherzbelastung



Mitralstenose



1: paukend

2: normal

Mesodiastolisches Geräusch, Decrescendo, rumpelnd

Ausstrahlung in Axilla, v. a. in Linksseitenlage

Häufig mit protodiastolischem Click (MOET)

Häufig kombiniert mit Mitralinsuffizienz

Palpation:

Herz: Eventuell Zeichen der Rechtsherzbelastung

Puls: Häufig unregelmässig wegen VHF

Arterieller Blutdruck:

Normale Amplitude

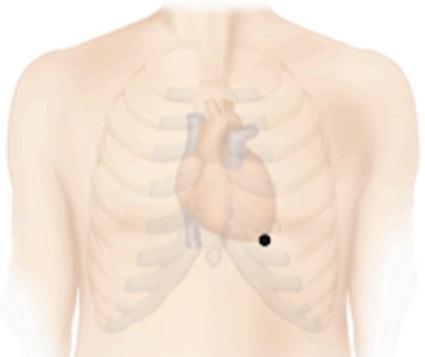
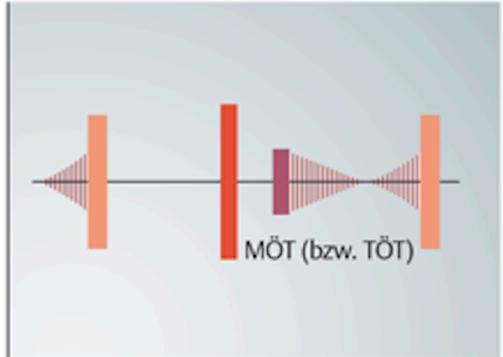
EKG:

Sinusrhythmus (VHF); Vorhofbelastung; Repolarisationsstörung

Mitralstenose

Untersuchung von Patienten mit MS

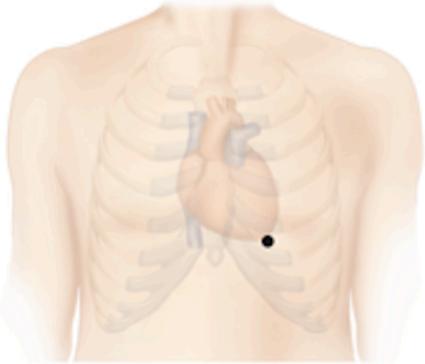
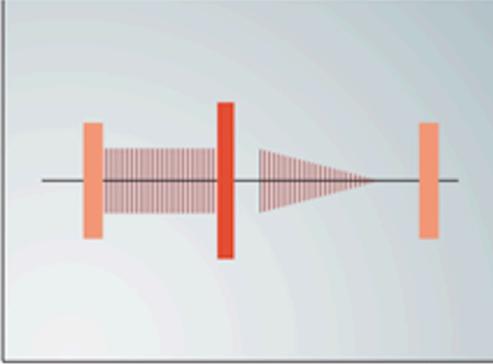


Auskultationsort	Schematische phonokardiografische Darstellung	Key point
 <p data-bbox="193 1063 386 1099">p.m.: Herzspitze</p>	 <p data-bbox="772 1063 1178 1099">1. HT 2. HT 1. HT</p> <p data-bbox="927 928 1120 963">MÖT (bzw. TÖT)</p>	<p data-bbox="1275 714 1758 799">Herztöne: paukender 1. HT und MÖT bei MS, evtl. TÖT bei TS</p> <p data-bbox="1275 828 1545 863">Extratöne: keine</p> <p data-bbox="1275 921 1767 1049">Herzgeräusche: tieffrequentes, diastolisches Decrescendo- geräusch, evtl. Prä systolikum</p>

Kombiniertes Mitralvitium

Untersuchung von Patienten mit MI/MS



Auskultationsort	Schematische phonokardiografische Darstellung	Key point
 <p data-bbox="183 1071 376 1099">p.m.: Herzspitze</p>	 <p data-bbox="772 1071 1188 1099">1. HT 2. HT 1. HT</p>	<p data-bbox="1284 714 1671 742">Herztöne: paukender 1. HT</p> <p data-bbox="1284 778 1535 806">Extratöne: keine</p> <p data-bbox="1284 835 1748 928">Herzgeräusche: <i>Systole</i>: hochfrequentes, holosystolisches bandförmiges Geräusch</p> <p data-bbox="1468 956 1748 1049"><i>Diastole</i>: tieffrequentes, mesodiastolisches Decrescendo</p>

Quantifizierung der Mitralstenose

= Kardiologisches Fachwissen

	Mitral Stenosis		
	Mild	Moderate	Severe
Mean gradient (mm Hg)*	Less than 5	5–10	Greater than 10
Pulmonary artery systolic pressure (mm Hg)	Less than 30	30–50	Greater than 50
Valve area (cm ²)	Greater than 1.5	1.0–1.5	Less than 1.0

<i>Grade</i>	<i>Mobility</i>	<i>Subvalvar thickening</i>	<i>Thickening</i>	<i>Calcification</i>
1	Highly mobile valve with only leaflet tips restricted	Minimal thickening just below the mitral leaflets	Leaflets near normal in thickness (4–5 mm)	A single area of increased echo brightness
2	Leaflet mid and base portions have normal mobility	Thickening of chordal structures extending up to one third of the chordal length	Mid-leaflets normal, considerable thickening of margins (5–8 mm)	Scattered areas of brightness confined to leaflet margins
3	Valve continues to move forward in diastole, mainly from the base	Thickening extending to the distal third of the chords	Thickening extending through the entire leaflet (5–8 mm)	Brightness extending into the mid-portion of the leaflets
4	No or minimal forward movement of the leaflets in diastole	Extensive thickening and shortening of all chordal structures extending down to the papillary muscles	Considerable thickening of all leaflet tissue (> 8–10 mm)	Extensive brightness throughout much of the leaflet tissue

The total echocardiographic score was derived from an analysis of mitral leaflet mobility, valvar and subvalvar thickening, and calcification which were graded from 0 to 4 according to the above criteria. This gave a total score of 0 to 16.

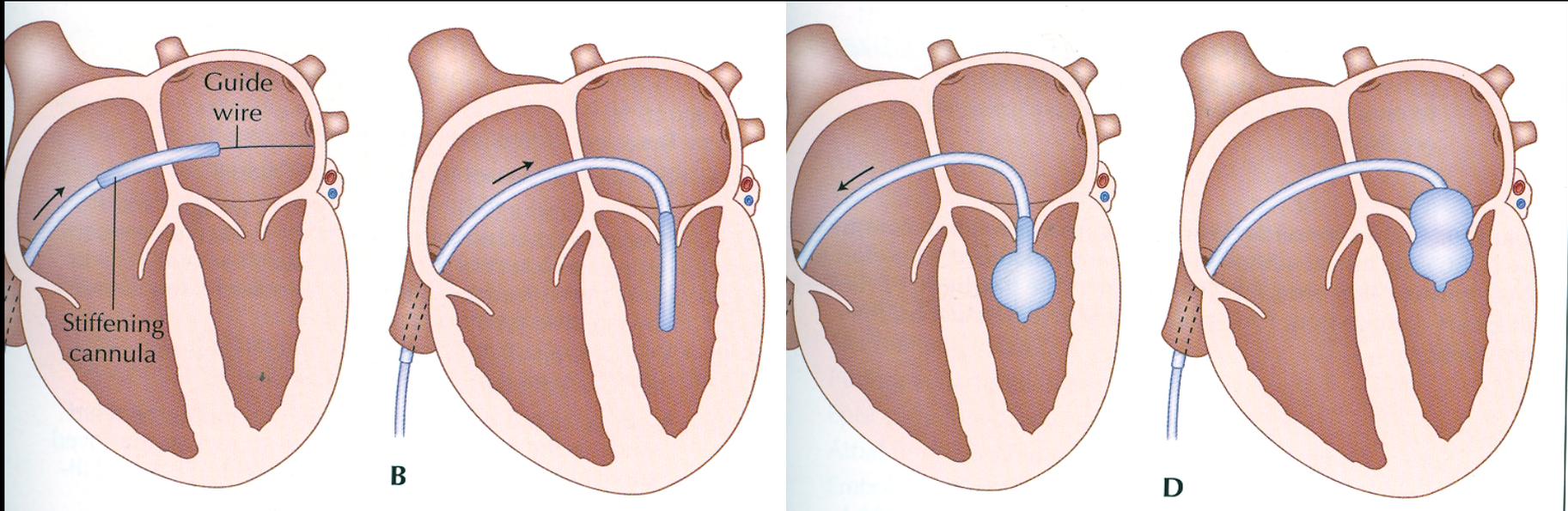
Mitralstenose und medikamentöse Therapie

- **Betablocker, Calciumantagonisten**
→ **Verlangsamung der HF**
- **Diuretika, Nitrate**
→ **Vorlastsenkung**
- **Antikoagulation**
 - **VHF**
 - **St. n. Embolie**
 - **Thrombus /Spontankontrast im LA**
 - **LA-Dilatation (>60 ml/m²)**

Therapie der schweren Mitralstenose

- **Valvuloplastie**
- **Kommissurotomie**
- **Klappenersatz**

Mitralklappen-Valvuloplastie



Contra-indications

Mitral valve area $>1.5 \text{ cm}^{2a}$

Left atrial thrombus

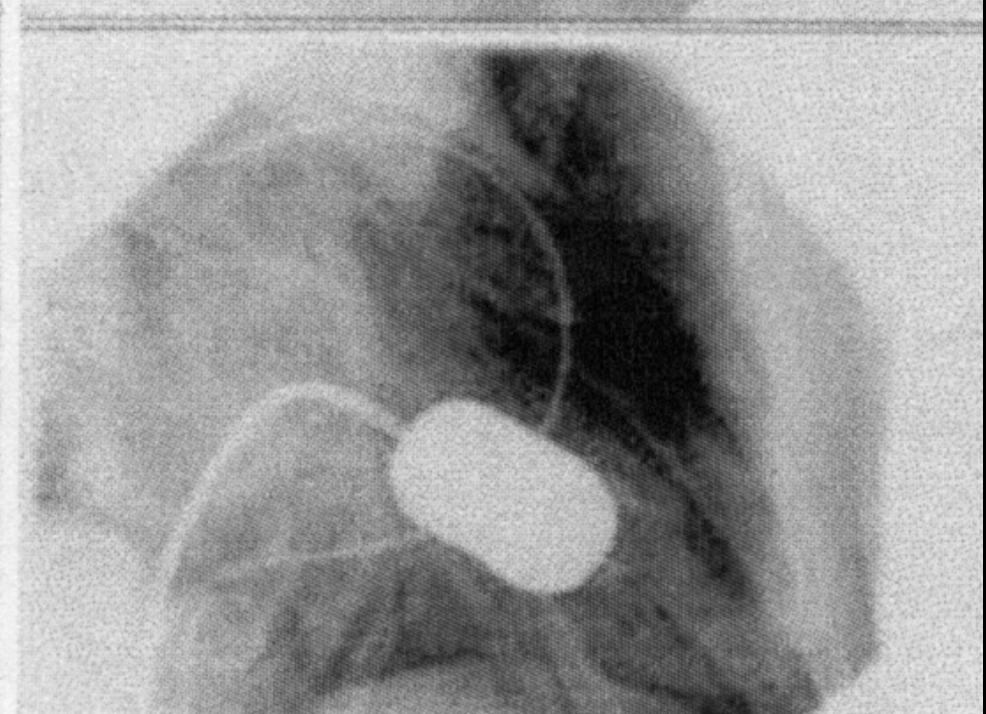
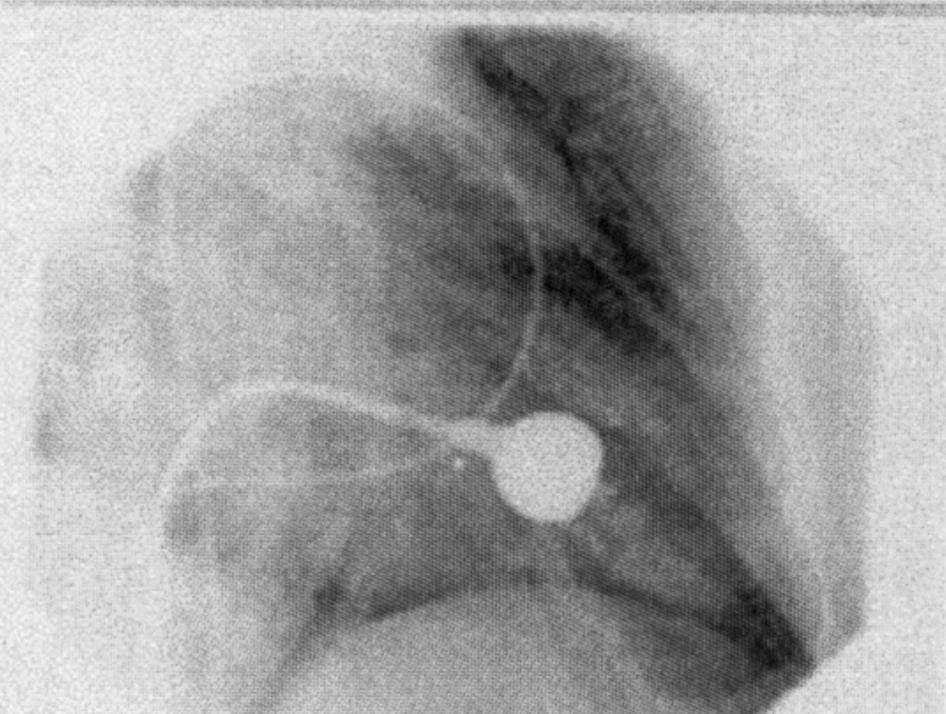
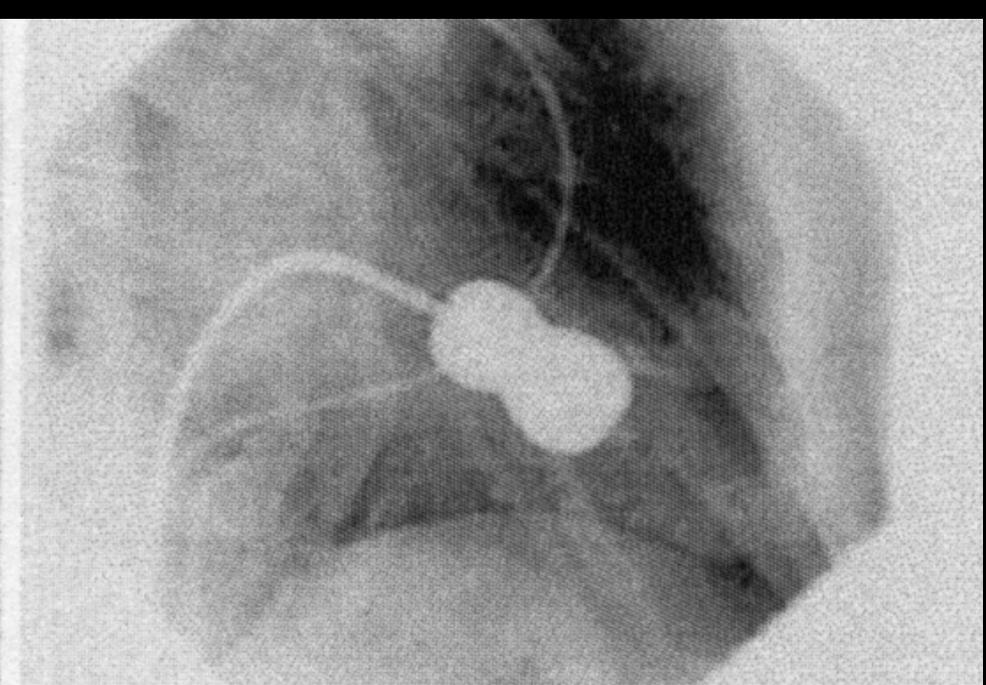
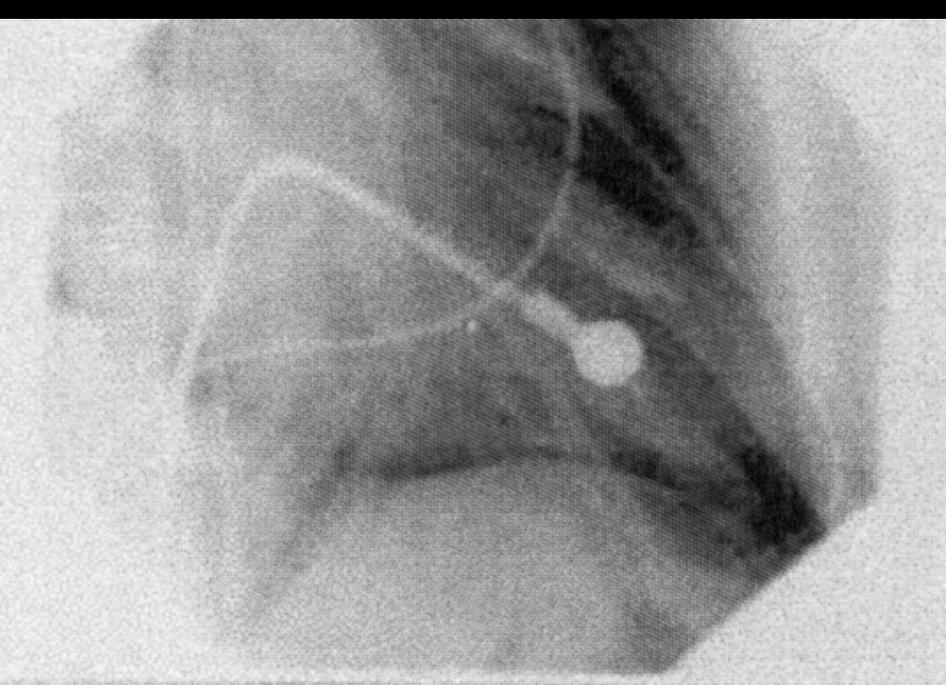
More than mild mitral regurgitation

Severe or bi-commissural calcification

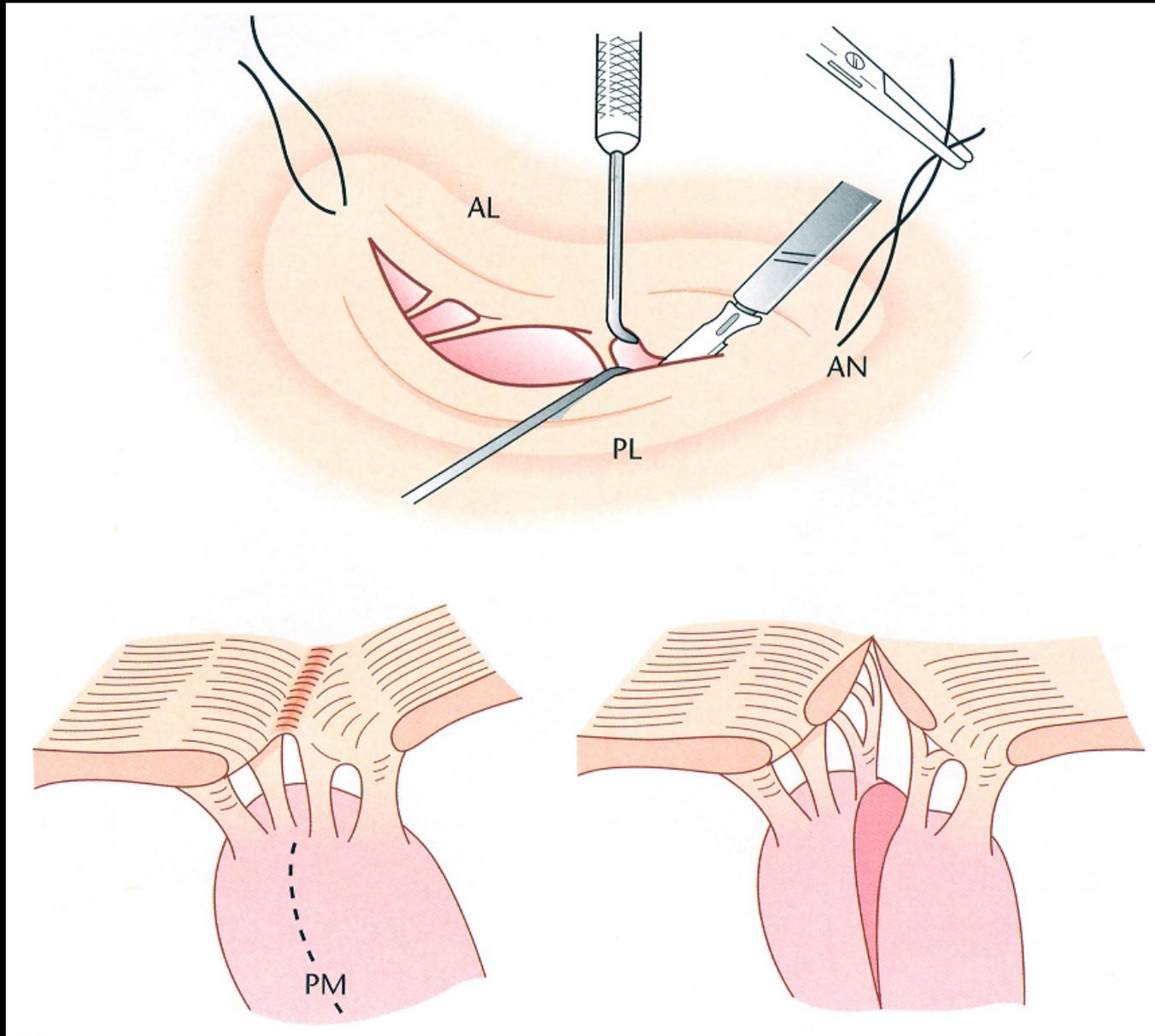
Absence of commissural fusion

Severe concomitant aortic valve disease, or severe combined tricuspid stenosis and regurgitation requiring surgery

Concomitant CAD requiring bypass surgery

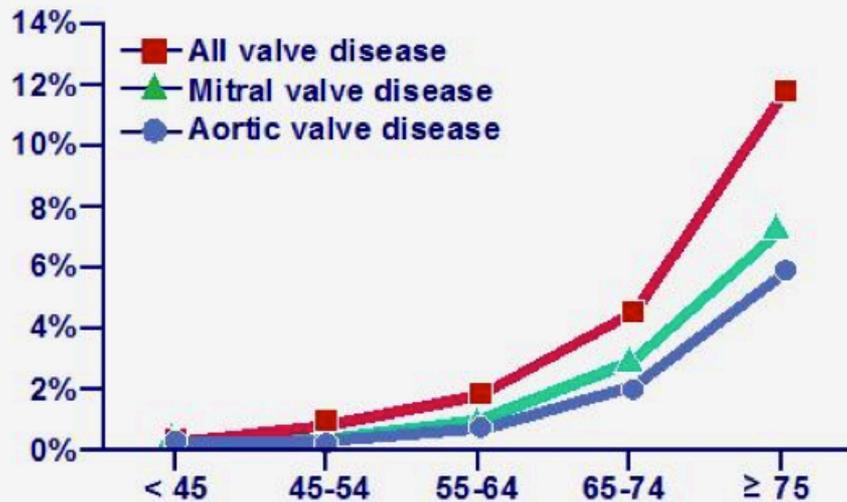


Mitralklappen-Kommissurotomie

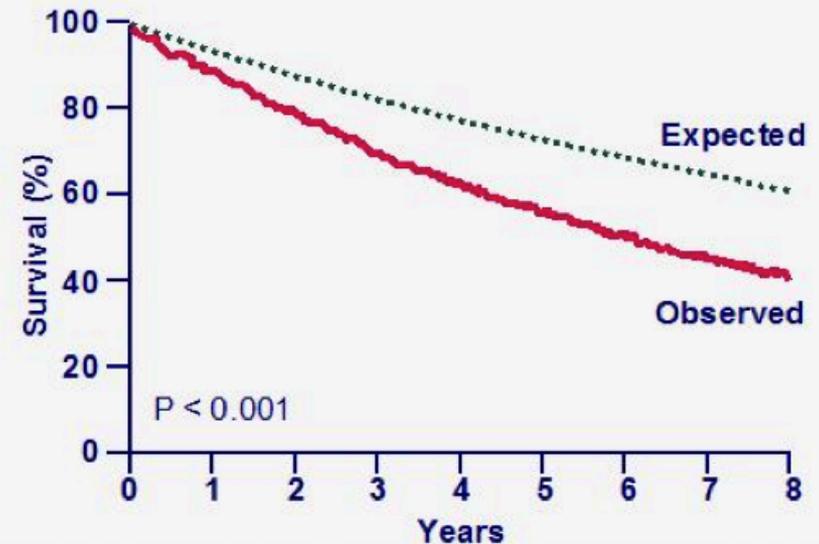


Klappenerkrankungen

Prävalenz



Prognose

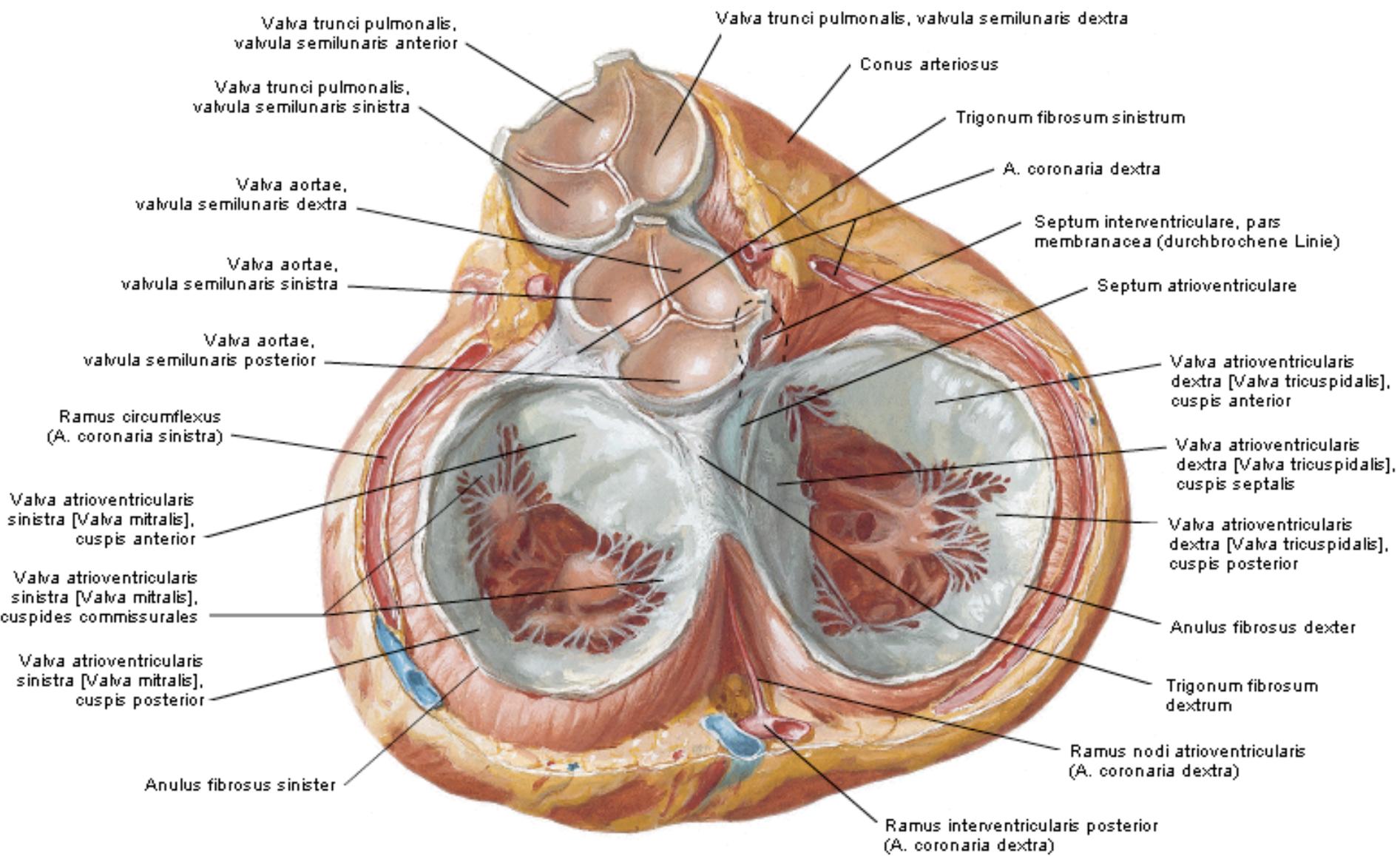


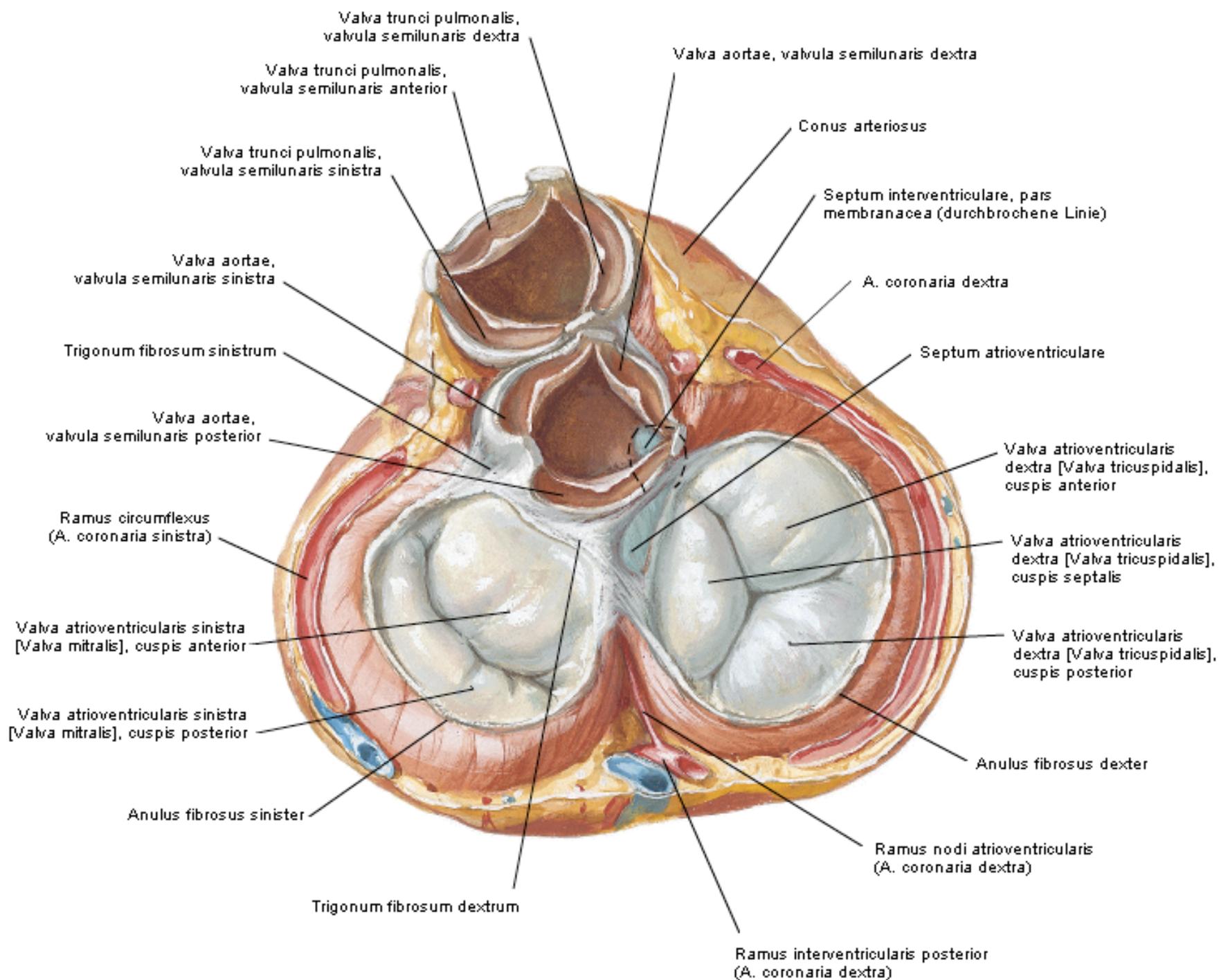
**Rechtsseitige Klappenerkrankungen:
0.8% aller nativen Klappenerkrankungen**

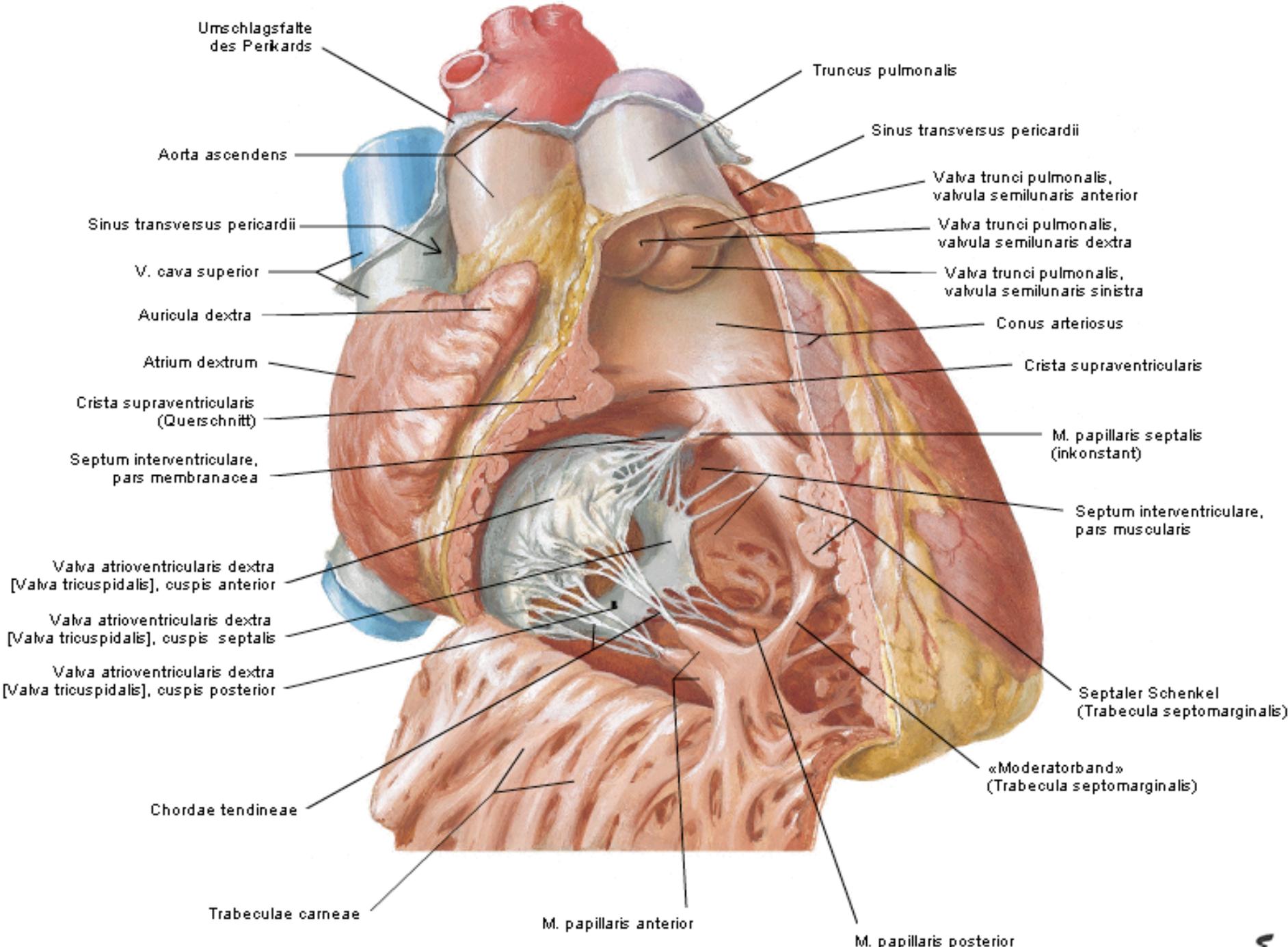
Tricuspidalklappenerkrankungen

Tricuspidalinsuffizienz

Tricuspidalstenose







Ursachen der Tricuspidalinsuffizienz

Ursachen:

Kongenitale Herzerkrankungen

Sekundäre Tricuspidalinsuffizienz

Pulmonale Hypertonie

Endokarditis

Rheumatisches Fieber

Medikamentöse Valvulopathie

Carcinoid Syndrom

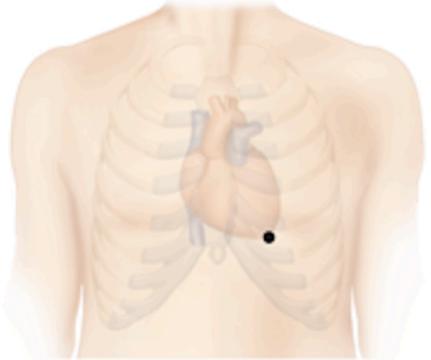
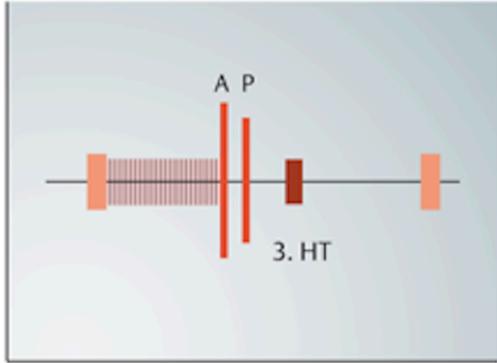
Ursachen der Tricuspidalinsuffizienz

1. Primary tricuspid regurgitation
 - (A) Congenital
 - Tricuspid valve prolapse
 - Ebstein's anomaly
 - Tricuspid valve dysplasia (grades I-III)
 - Abnormal number of leaflets
 - Atrioventricular channel
 - Cleft of a tricuspid leaflet
 - Left sided tricuspid valve in congenitally corrected transposition of the great arteries
 - Pulmonary atresia with intact ventricular septum
 - Short tendinous chords
 - Aberrant tendinous chords with tethering of the tricuspid leaflets
 - (B) Acquired
 - Endocarditis
 - Rheumatic valve disease
 - Right ventricular infarction
 - Heart transplantation
 - Carcinoid (or other tumours)
 - Trauma
 - Rheumatic arthritis
 - Radiation therapy
 - Papillary muscle dysfunction
 - Hypereosinophilic syndrome
 - Thyrotoxicosis
 - Anorectic drugs
2. Secondary tricuspid regurgitation
3. Physiological tricuspid regurgitation

Tricuspidalinsuffizienz

Untersuchung von Patienten mit TI



Auskultationsort	Schematische phonokardiografische Darstellung	Key point
 <p>p.m.: Herzspitze</p>	 <p>1. HT 2. HT 3. HT 1. HT</p>	<p>Herztöne: 1. HT leise oder fehlend, 2. HT breit gespalten</p> <p>Extratöne: 3. HT</p> <p>Herzgeräusche: hochfrequentes, holosystolisches, bandförmiges Geräusch</p>

Therapie der Tricuspidalinsuffizienz

Patienten mit Tricuspidalinsuffizienz sollten an einem Zentrumsspital behandelt werden

Ursachen der Tricuspidalstenose

Ursachen:

Kongenitale Herzerkrankungen

Rheumatisches Fieber

Medikamentöse Valvulopathie

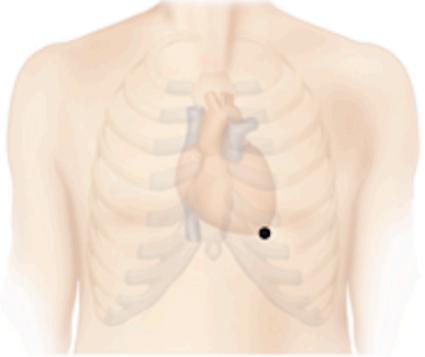
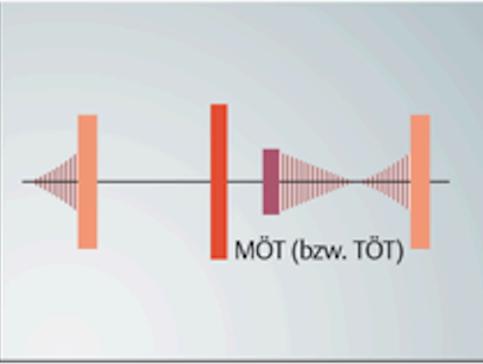
Carcinoid Syndrom

Häufig kombiniert mit Tricuspidalinsuffizienz

Tricuspidalstenose

Untersuchung von Patienten mit TS



Auskultationsort	Schematische phonokardiografische Darstellung	Key point
 <p data-bbox="193 1071 386 1099">p.m.: Herzspitze</p>	 <p data-bbox="946 928 1120 963">MÖT (bzw. TÖT)</p>	<p data-bbox="1284 714 1738 806">Herztöne: paukender 1. HT und MÖT bei MS, evtl. TÖT bei TS</p> <p data-bbox="1284 835 1526 863">Extratöne: keine</p> <p data-bbox="1284 928 1767 1049">Herzgeräusche: tieffrequentes, diastolisches Decrescendo-geräusch, evtl. Prä systolikum</p>

Therapie der Tricuspidalstenose

**Patienten mit Tricuspidalstenose sollten
an einem Zentrumsspital behandelt werden**

Echokardiographie bei Klappenerkrankungen

Frequenz der Echocardiographien in asymptomatischen Patienten with Klappenerkrankungen und normaler linksventrikulärer Function

Stage	Valve Lesion			
	Aortic Stenosis*	Aortic Regurgitation	Mitral Stenosis	Mitral Regurgitation
Progressive (stage B)	Every 3–5 y (mild severity V_{max} 2.0–2.9 m/s) Every 1–2 y (moderate severity V_{max} 3.0–3.9 m/s)	Every 3–5 y (mild severity) Every 1–2 y (moderate severity)	Every 3–5 y (MVA >1.5 cm ²)	Every 3–5 y (mild severity) Every 1–2 y (moderate severity)
Severe (stage C)	Every 6–12 mo ($V_{max} \geq 4$ m/s)	Every 6–12 mo Dilating LV: more frequently	Every 1–2 y (MVA 1.0–1.5 cm ²) Once every year (MVA <1.0 cm ²)	Every 6–12 mo Dilating LV: more frequently

Patients with mixed valve disease may require serial evaluations at intervals earlier than recommended for single valve lesions.

*With normal stroke volume.

LV indicates left ventricle; MVA, mitral valve area; VHD, valvular heart disease; and V_{max} , maximum velocity.

